



The **BARTON** *Miller*

April 2025



Originating from & produced by St Mary's Church Barton Mills

April 2025

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Dear Readers,

I hope you are enjoying the spring flowers around the village. As I write this article the clocks will soon be changing to British Summer Time. We can already enjoy the lighter mornings and evenings with the hope of an enjoyable summer ahead.

Details for the upcoming **EASTER SERVICES** can be found on page 5. Please also read the details for the **EASTER EGG HUNT** on Easter Bank Holiday Monday (children accompanied by a parent)/carer). Page 6.

May I take this opportunity to wish all our readership a

“HAPPY EASTER”

Nancy Higgins and Frances Lewis - Editors

BURY ST EDMUNDS MOBILE LIBRARY VAN DATES (Route 4)

Email: help@suffolklibraries.co.uk Telephone: 01473 584563

The Library Van visits Barton Mills (Lamb Court) on Saturday aft. **12.15pm -12.40pm**

This will be the following Saturdays - April 26, 2025 May 24, 2025.



Vicar's Letter

This year, St. Mary's has been using a course called Hope Explored. Which does exactly what it says on the tin – it's a course designed to help people think a little bit about the Christian faith, and whether it can give us hope.

As I was leading the sessions, and watching the videos, it reminded me of my own journey to faith, nearly forty years ago.

At the time, I was an atheist, studying Business Studies at University. One part of the course was Psychology, and we had been looking at a concept called Cognitive Dissonance. That's where there is a conflict between our beliefs and our actions. We find this difference, this gap, difficult – it causes unease or discomfort - and so we try to bring them together.

And what happens is that our beliefs often change to reflect our actions, or we try to wish away the difference between them.

But as I studied the accounts of the first Easter, I was struck how the first disciples resolved their own cognitive dissonance.

Before Easter, the disciples did not believe Jesus was going to be crucified and then raised again – so they often argued with Jesus, criticised or took him to one side to tell him he was wrong whenever he spoke about this. They knew what they believed, and it didn't look like that. Peter even took this disagreement so far that he denied Jesus. Judas took it even further and betrayed him.

Yet after Easter day, they were totally different. They started to talk about Jesus being raised from the dead. Indeed, of the eleven who remained followers of Jesus post Easter, ten of them would die rather than deny Jesus' resurrection. Their actions now reflected a belief that Jesus was right all along, that he had really died and risen again.

And it struck me that there was a huge gap between the before and after, despite it only being a matter of hours. There was a pivot point. The pivot point was what changed them. What made the difference?

And the only thing that made sense then, and the only thing that makes sense to me forty years later, is that on Easter Day they actually met with a dead man risen. They met with Jesus and that made all the difference.

Having come to that kind of conclusion, it really was quite a simple step, a small step for me myself to say to Jesus "Okay then, you must be alive, and I must follow you." What else could I do?

Mark McCaghrey

St Mary's Church Barton Mills.

Church Contact: Team Vicar, Revd Mark McCaghrey,
1 The Street, Barton Mills IP28 6AP
Tel. No. 01638 495001

E mail mark.larkandlee@outlook.com

Church Representatives:

Churchwardens: Dave Traher and Jo Traher 25 Church Lane
Close, Barton Mills. Tel 718328;

Elders: Glynn East and Dave Traher.

St Mary's Parochial Church Council

Elected Members

Secretary: Jenny Everett, 24 Oxford Close, Mildenhall IP28 7RP,
Tel 07807 912909, email jen.everett50@gmail.com
To whom all correspondence should be addressed.

Treasurer: Tony Potts.

Deanery Synod Representatives: Rodney Knight and
Peter Alder

Other PCC Members : Alan Butcher, Linda Jenkins, Frances
Lewis, and Sandra Woollard.

Prayer Chain - There is access to a prayer chain for anyone
needing prayers for themselves or others. Please contact the
church Elders mentioned above



COFFEE MORNINGS

EVERY THURSDAY 10.00 TO NOON IN
THE CHURCH ROOM



ALL VERY WELCOME



BARTON MILLS CHURCH and GROUP SERVICES

Sunday 30th March **MOTHERING SUNDAY**

9.30am Family Morning Worship. Flowers for everyone

Sunday 6th April 9.30am Holy Communion

Sunday 13th April **PALM SUNDAY**

9.30am Family Morning Worship,

5pm Service of Prayer for Healing

Thursday 17th April **MAUNDY THURSDAY**

7pm Agape Supper and Communion in Barton Mills Church

Friday 18th April **GOOD FRIDAY**

2pm An hour before the Cross at Freckenham Church

Friday 18th April **GOOD FRIDAY**

7.30pm Compline at Worlington Church

Sunday 20th April **EASTER SUNDAY**

9.30am Holy Communion

Sunday 27th April 9.30am Morning Worship

Sunday 4th May 9.30am Holy Communion

All are welcome to join us at these Services

ANNUAL CHURCH MEETINGS

This year the Annual Meeting of Parishioners (AMP) and the Annual Parochial Church Meeting (APCM) are to be held on two different Sundays at 11.00am after the morning service.

The **AMP** is on Sunday April 13th and is open to all church members and anyone living in Barton Mills. This meeting is to elect Church Wardens.

The **APCM** is on Sunday 11th May. At this meeting reports on the Church finances and all Church activities are presented, together with plans for the future. Also at this meeting PCC members and Deanery Synod members are elected.

For further information about either of these meetings please contact Jenny Everett, PCC Secretary on 07807 912909.

EASTER MONDAY, 21st APRIL

**FREE
EASTER EGG HUNT
AND CRAFT ACTIVITIES
FOR FAMILIES AND CHILDREN**
(with adults, please)



**10am to 11.30am
in St Mary's Church,
Barton Mills.**



Drinks, cakes and biscuits too!

Do come along to this

Free and Fun event.

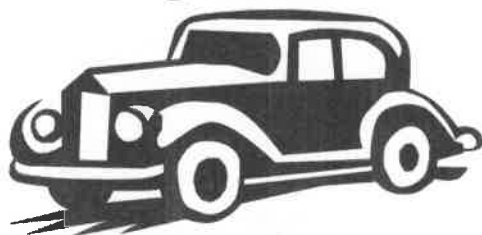
No need to book.

**For more information please contact
Fiona McCaghrey on 07736 301549**



**BARTON MILLS VILLAGE
CAR BOOT SALE
BARTON MILLS
PLAYING FIELD**

(Next to Village Hall, IP28 6BD)



EASTER MONDAY 21st APRIL

7am to 12noon

Single pitch £7, Double pitch £12

No need to book

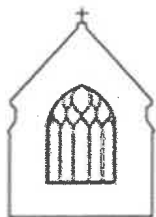
Free parking for customers

REFRESHMENTS in the Village Hall

Proceeds to the Village Hall

Proceeds from the field to local groups

Barton Mills
Village Hall
Registered Charity



**All members of the
Preservation Charitable Trust
are called to an**

Extraordinary General Meeting
in St Mary's Church Barton Mills,
at 6.30pm on Tuesday 8th April.

To be followed immediately by the
Annual General Meeting at 7pm.

Refreshments will be served after close of business of the AGM.

Revd. Ian Cooper -

A well-loved former minister will be the guest speaker at 8pm.

BARTON MILLS BAPTIST CHURCH



Hopefully the Barton Millers who have lived here indefinitely will forgive me for repeating the story of our most famous inhabitant. I was fascinated to read the following article in a devotional booklet. I thought it would bear repeating, especially as **Sir Alexander Fleming lived in Barton Mills from 1921 to 1955**. I hope you will find it as interesting as I did and think seriously about what it tells us.

"A gathering of friends at an English estate nearly turned to tragedy when one of the children strayed into deep water. The gardener heard the cries of help, plunged in and rescued the drowning child. That youngster's name was Winston Churchill. His grateful parents asked the gardener what they could do to reward him. He hesitated, then said, "I wish my son could go to college someday and become a doctor". "We'll see to it," Churchill's grateful parents promised. Years later, while Sir Winston was Prime Minister of England, he was stricken with pneumonia. The country's best physician was summoned. His name was Alexander Fleming, the man who discovered and developed penicillin. He was also the son of that gardener who had saved young Winston from drowning. Later Churchill remarked, "Rarely has one man owed his life twice to the same person". Churchill's experience reminds us of our double indebtedness as Christians to God. First our Heavenly Father gave us the precious gift of physical life, then through His Son, the Great Physician, He imparted to us the priceless gift of eternal life. This should motivate us to present our bodies as living sacrifices to the Lord (Romans Chapter 12 v 1). To Him we are doubly indebted for life".

At Easter time, we are reminded how much God loved us when He sent His only Son, the Lord Jesus, to intervene on our behalf. He was crucified and left for dead, removed from the cross and put in a borrowed grave. On the third day He rose from the dead, saving us at great cost to Himself. If skeptics had questioned Jesus after His resurrection, all He would have had to do is show them His hands - His bruised, nail pierced hands. They are ample proof that He has given Himself for each one of us. What have you done with God's love? Have you accepted the sacrifice of His Son on the cross for your sins? It's not enough just to know about it. You must say from your heart, "He died for me!"

Why not join us in our Worship Service on Sundays at 3p.m.

You will be most welcome.

F. A. RUTTERFORD, MBE

BARTON MILLS PARISH COUNCIL

COUNCILLOR REQUIRED!

**WE ARE LOOKING
FOR A
PROACTIVE &
COMMUNITY-MINDED
PERSON
TO JOIN THE
PARISH COUNCIL**

You must be British, Commonwealth or other
European Union citizen.
Be at least 18 years old.

Be registered to vote in the parish, or have lived,
worked or own a property in the parish for at
least 12 months.

You can make a difference!

To find out more email:

clerk@bartonmills-pc.gov.uk

The next Parish Council meetings will be held on **Tuesday 1st April and 6th May, starting at 7:30pm** in the Village Hall. In the event of an extraordinary meeting being held before the next scheduled meeting, it will be published on the website and notice boards. The Public are welcome to attend Parish Council Meetings and will be offered the opportunity to speak at the relevant item. To raise an item at any meeting please contact the Clerk at least 7 days prior to the meeting date.

For any issues please contact:

Clerk: Naomi Alecock, clerk@bartonmills-pc.gov.uk

Website: www.bartonmills-pc.gov.uk Facebook and Nextdoor: Barton Mills Parish Council

BARTON MILLS 100 CLUB

The purpose of the Barton Mills 100 Club is to raise funds by operation of lotteries and draws to contribute to projects and/or organisations within the parish of Barton Mills for the general benefit of the people of Barton Mills. **If you are a village organisation who would benefit from a 100 Club financial grant, please do speak to Jackie Stirges - jackstirges@btinternet.com**

Mar 2025

£30	4	J. Langton
£20	80	J. Stirges
£10	139	T. Scargill
£10	78	M. Walker

If you would like to become a member please contact our Treasurer: Janette Miller - 49 The Street. Tel 712843

IF YOU WANT TO WIN, YOU HAVE TO BE IN !!

Prizes of £30, £20, and 2 x £10 monthly and twice a year additional prizes of £150.



MILDENHALL & DISTRICT MUSEUM AND MUSEUM SOCIETY

The Museum is OPEN.

**Tuesday, Wednesday, Thursday, and Saturday 2 -4 pm;
Friday 10.30 - 4pm**

MILDENHALL MUSEUM SOCIETY



Upcoming Society Talks:-

Thursday 3rd April 2025 - Martyn Taylor

"Chequer Square and Angel Hill"

Talks are held at the Museum 7.30 pm, refreshments available.

Members £2 non-members £4 Annual Membership £10

Mildenhall Museum is a registered charity and relies totally on your donations



ST MARY'S, BARTON MILLS, PRESERVATION CHARITABLE TRUST



Dear Everyone,

I write to you to remind you all that our upcoming meeting on Tuesday 8th April, to be held in the Church from 6.30pm, is critical for the future of support for our Village Church.

The Preservation Trust, in its present form, has been limping along with fewer and fewer committee members, restrictions from the Charity Commission and additional charges from the bank.

Our Constitution sadly does not allow us to simply stop being a charity and re-join informally with the PCC. We have to either continue or dissolve the charity. This is why we have to call an Extraordinary General Meeting ahead of the AGM. The business of deciding on this has to take place with all members having the opportunity to vote while the officers are still in place. Once the AGM begins the committee are all stood down – again as per the Constitution – and would not be officially able to conduct that business.

The current officers believe this course to be for the best, and we also believe it is not really the spirit of the Preservation Trust that we would be dissolving, as this would be picked up by the new Friend's Scheme, albeit possibly under a different name. We hope you will come to the meetings and hear the proposal and help us to do the best we can to strengthen the way in which the church is supported with projects in the future.

Warmest Wishes to you all,

Liz, Secretary; 1 Church Lane, emjarvis68@gmail.com

All over 50s Welcome
BARTON MILLS WEDNESDAY CLUB

Kevin Boardman will give us a talk about
"GROWING UP IN THE 50S AND 60S"
Wednesday 2nd April 2025. 2pm.

EASTER FUN AND HOT CROSS BUNS
Wednesday 16th April 2025. 2pm.

In the Village Hall

Entry £2 members £3 non members
Annual subscription £10 payable in January
Enquiries to Ann on 01638 510008 or
jacobs.family@me.com

A decorative border made of small, stylized pencil illustrations arranged in a rectangular frame around the central text.

**Copy for the May edition of the
Barton Miller to the Editors
By
20th April please.**



Barton Mills & District Gardening Club

MEMBER OF R.H.S.

Annual Subscription £15.00

£2.00 fee per meeting for members

New members and friends welcome as paying visitors

Tuesday 22nd April 2025

Chris Gibson

"Gardening With Wildlife In Mind"

For more information contact -

Secretary - Carol Garrod

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BARTON MILLS GOOD NEIGHBOURS

Why not Volunteer or become a Friend of the Scheme?

Phone us for details or e-mail us at

barton.neighbours@gmail.com

BARTON MILLS GROUPS NEWS

SOCIAL ART GROUP

The Barton Mills Art Club meets each Friday in the Church Room from 7pm to around 9pm. We are a small group just trying our hand at drawing and painting using different media. It is a low-key and sociable evening and from time to time we have vacancies when we would welcome newcomers. If this would be of interest or you would like some more information, just give me a ring: Glenda Berrett 01638-717925

KNIT and NATTER GROUP

The Knit and Natter Group continues to meet in the church room every Wednesday afternoon between 2pm and 4pm. It is a very friendly group with a range of knitting styles or no knitting at all - just nattering ... As well as our own knitting we knit and crochet blankets and little coats for the charity Meseret which helps single mothers and new born babies in Ethiopia. We have seen photographs of babies wearing the clothes we have made. New Knitters or just people coming for a Natter are always welcome. Alison Swift 07982679926



BOOK CLUB

At our March meeting we discussed the book 'The Wild Silence' by Raynor Winn, who also wrote 'The Salt Path'. We all agreed that we felt that it was sad that such a well written book should follow such difficult themes, and leave a feeling of depression. It was hard to see the reasoning behind the narrative and we all felt deprived by the lack of a definitive conclusion.

The book for our next meeting, at 7pm, in the church room, on Thursday 10th April, will be very different! We have chosen the Agatha Christie detective story 'The Sittaford Mystery'. If you like to read – maybe on a tablet or by listening to audio books – and then talk about what you think of the book, do come along to a meeting. We are just a small group and new members will be very welcome. Phone Frances, 01638 713155, for more information.





Good Neighbour Scheme -

***“Do what you can, with what you have,
where you are.” (Theodore Roosevelt)***

Your Good Neighbour Scheme has been in operation for almost 8 years and as we look towards the next years of its service to the community, it is time to consider both the achievements of its volunteers to date and the scope of assistance that might be offered going forward.

The Committee that oversees the operation of your Scheme will be arranging for an Annual General Meeting to be held in May 2025 (*date to be agreed and published in the next issue of the Barton Miller*). The Committee will report at the AGM on past work and encourage ideas to be put forward by villagers to ensure future benefits of the scheme to the community.

Existing Committee members will be offering themselves for re-election and other villagers are encouraged to put themselves forward for election at the AGM in order that the Scheme is strengthened with renewed vigour, experience and skills.

Details of what Committee membership entails can be obtained by contacting the Committee Chairman on the Scheme’s telephone number - 07419 211040

For the range of assistance that can currently be offered please see the Scheme’s advert within this edition of the Barton Miller. Such services are free of any charge and are designed to support villagers across the entire Parish of Barton Mills.

NATURE NOTES

If you think of The Brecks what image appears in your mind? Lines of Scots pine trees, sheep grazing on meadows or even wild heaths with Gorse and Heather? Well, all of the above and more can be found in Breckland. However, it is not wild and far from being 'natural'.

There is virtually nowhere on Earth that has not been influenced by human activity and the Brecks are no exception. Following the last Ice Age, these islands were re-colonised by trees, so that much of the landscape would have been woodland about 10,000 years ago. As the human population expanded people began clearing the forest for firewood, to make shelters and to graze livestock. By about 4,000 BC, primitive agriculture started to develop, then people ceased being largely nomadic and became more settled. So, climax woodland was dramatically reduced in size and the landscape became more like we see today.

Neolithic farmers began to grow crops on the poor soils but the nutrients were soon depleted, so after a few years, the land was allowed to revert to heathland. Sections of heath were periodically 'broken' or ploughed which is from where the name 'Brecks' is derived. Settlers soon learned that sheep husbandry and the rearing of rabbits in managed warrens was much more productive. This ensured that large areas of managed heath remained until the early part of the twentieth century.

During World War One there was a huge demand for timber. Coal was an important source of power. Wooden pit props were needed for the mines. Timber to construct foot trenches in France was used in huge quantities but supplies in Britain were limited. After WW1 the government of the day decided we needed to produce more timber so the Forestry Commission was formed and they began to plant up large areas of the countryside with conifer trees. Being faster growing than traditional hardwood trees like Oak and Beech, these pines could produce a decent sized crop in 40 – 50 years.

What is now known as Thetford Forest was largely planted from 1922. By that time the Brecks were regarded as wasteland, so they became an obvious place for forestation. Much of the traditional

heathland was lost but some good areas still remain although rather fragmented. Another feature of the landscape is the Pine Lines. Anyone travelling through the Brecks cannot fail to notice these rows of Scots pines, some straight, some contorted, which are unique to the area. The light, sandy soils are subject to serious wind erosion in dry weather so roughly between 1815 and 1825 rows of pines were planted as shelter belts. They were originally intended to be maintained as clipped hedges but eventually most of them developed into full grown trees.

Despite everything that people have done to the Breckland landscape it remains a fabulous place for wildlife. Birds, insects and plants that are adapted to the local conditions thrive largely undisturbed. In particular, the areas that remain as heath with gorse and heather are worth visiting at any time of year; areas such as Cavenham Heath, East Wretham Heath, Knettishall Heath and Weeting Heath to name but a few. Flagship species such as Stone curlew, Dartford warbler, Nightjar, Stonechat and Woodlark survive in significant numbers in Norfolk and Suffolk. Top predators like Buzzard, Goshawk, Raven and Red kite are re-colonising their former haunts.

The plant and insect community are well represented of course with some unique or scarce plants to be found on the light sandy soils. Reptiles and amphibians are here too. In fact, all types of wildlife are to be found in the Brecks. It would take many more articles to describe them all but why not get out there yourself and find some?





BARTON MILLS FOOTBALL CLUB

Barton Mills FC have ended March by beating teams Red Lodge FC 8-4, and eliminating Stanton FC from the county cup semi final by beating them 1-0 . So, Barton Mills have now reached the final and will play this against Stradbroke FC. Barton mills FC also only need to beat Stradbroke FC in the league to secure winning the first place in division 3 of the Bury and District league.

In another great story Barton Mills have also managed to get to the division 3 knockout cup final against Thurston FC . Winning these last 3 fixtures of the season will mean Barton Mills FC could possibly be the first team in 30 years to do the treble by winning the league, league cup and the county cup in a season . Fingers crossed, can the mighty Barton Millers do it ?!!!

Barton Mills final 3 fixtures are below:

13/04/2025 Barton Mills v Thurston FC- league cup final,
14:30 ko, Ram Meadow, Bury St Edmunds.

20/04/25 Stradbroke FC v Barton Mills FC league game (away)
10:30 am ko .

27/04/2025 Barton Mills FC v Stradbroke FC, County cup final
11.00 am ko Needham Market FC ground .

Barton Mills FC would like to invite the community to come and join us in what could be an unforgettable season for the Mills .



IMPORTANT NOTICE FOR BARTON MILLER ADVERTISERS

As of the February 2025 edition of the Barton Miller, there will be
NEW advertising rates for commercial/business advertisers

NEW RATES PER ANNUM

FULL PAGE	£180
HALF PAGE	£90
QUARTER PAGE	£45
1/8th PAGE	£25

The rates for clubs/societies will remain unchanged as these have
recently increased.

Please note that adverts will not go to print until fees are paid.

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7/25



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U	Y	R	A	B	B	I	T	F	I	J	P	V	E	B
X	J	D	O	F	Z	I	C	B	J	W	E	S	T	S



Loft Insulation Offer gives Suffolk residents 50% off eco-friendly insulation

According to The Energy Saving Trust, an uninsulated home loses a quarter of its heat through its roof. For the second year in a row, help to afford eco-friendly loft insulation is now available for Suffolk residents.

The Suffolk Climate Change Partnership has teamed up with an insulation provider to help Suffolk residents make their homes warmer and save money on their energy bills.

Residents will receive a 50% discount off their purchase of 200mm or 370mm wide insulation rolls (up to £200) with free delivery, from High Loft, the UK's leading eco loft insulation brand.

The offer is open to anyone in Suffolk and will close once the allocated funding has been spent. Simply go to www.bit.ly/suffolkloft and fill in the form to receive your personalised link to order, or call High Loft's insulation experts on 01706 248203 (Mon – Fri, 9am - 5pm).

Or, to find out more visit www.greensuffolk.org/at-home/funding.

Connecting

Communities

Rural Transport

This transport service is designed to make it easier for those in the Mildenhall and Brandon areas to travel.

**www.thevoluntarynetwork.org
transport@thevoluntarynetwork.org**

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