



The **BARTON** *Miller*

August / September 2024



Originating from & produced by St Mary's Church Barton Mills

Aug/Sept 2024

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Dear Readers,

As I write this, it's a warm summers evening, which have been few and far between so far this year. Let's hope Aug/Sept will bring good weather for all the summer events happening in our area. Our farmers need dry weather too, to gather their crops safely. Schools etc. have finished for the academic year and no sooner will 6 weeks will fly past and it's 'back to school' early Sept. For those travelling further afield to holidays - 'safe travels'.

Please look through the magazine for new advertisers in the latter section of the booklet and support these local businesses.

Yours sincerely, Nancy Higgins and Frances Lewis

BURY ST EDMUNDS MOBILE LIBRARY VAN DATES (Route 4)

Email: help@suffolklibraries.co.uk Telephone: 01473 584563

The Library Van visits Barton Mills (Lamb Court) on Saturday aft. 2.00pm to 2.30pm.

This will be the following Saturdays - 17th Aug, 14th Sept and 12th Oct.



Vicar's Letter

I am too young for the release of the film and song "Summer Holiday" starring Cliff Richard in 1963 (although I have preached to him and acted as a bouncer at one of his concerts – but that's another story). However the song was often on the radio during my childhood.

You may or may not be going on a summer holiday, although probably not in a converted bus with singers and a band, but the lyrics of the song hold together both a modern understanding of holiday and something of the word's origin in Holy Day – a time set aside from the humdrum of life for refreshment and renewal and to deepen our relationship with God.

The first Holiday was the Jewish Sabbath – one day a week set aside for family, rest and God, baked into the account of our universe's creation, and so important that the keeping of it is enshrined in the ten commandments. It is a gift from God to be enjoyed, a gift of God to be shared with others, and something which is not to be taken from those over whom we might have power.

Despite holidays being vital for individual wholeness and a flourishing and healthy society, when we look at our history we can see that the freedom of some to take time off has often been at the expense of others who cannot.

So while we take the summer holiday as a given, it wasn't until 1938 with the *Holidays with Pay Act* that all workers in the UK were legally allowed paid time off for work unless you were fortunate enough to belong to a more benevolent employer like Cadbury's in Birmingham. Cadbury's gave holidays to their workers because, as Christians, they believed that the biblical values of Sabbath needed to be reflected in the way they ran their company and for the benefit of their workers.

So for us – what does holiday mean today and does it connect with the value of Sabbath? Are we as individuals having time of refreshment of body and of soul? Are we reconnecting with others and with the God who created us? Are we ensuring that, in our 24/7 next day delivery society, all are able to afford rest and refreshment too?

Mark McCaghrey.

Team Vicar of Lark and Lee Group in the Forest Heath Team Ministry.

St Mary's Church Barton Mills.

Church Contact: Team Vicar, Revd Mark McCaghrey,
1 The Street, Barton Mills IP28 6AP

Tel. No. 01638 495001

E mail mark.larkandlee@outlook.com

Church Representatives:

Churchwardens: Dave Traher and Jo Traher 25 Church Lane
Close, Barton Mills. Tel 718328;

Elders: Glynn East and Dave Traher.

St Mary's Parochial Church Council

Elected Members

Secretary: Jenny Everett, 24 Oxford Close, Mildenhall IP28 7RP,
Tel 07807 912909, email jen.everett50@gmail.com

To whom all correspondence should be addressed.

Treasurer: Tony Potts.

Deanery Synod Representatives: Rodney Knight and
Peter Alder

Other PCC Members : Alan Butcher, Linda Jenkins, Frances
Lewis, and Sandra Woollard.

Prayer Chain - There is access to a prayer chain for anyone
needing prayers for themselves or others. Please contact the
church Elders mentioned above



COFFEE MORNINGS

EVERY THURSDAY 10.00 TO NOON IN
THE CHURCH ROOM



ALL VERY WELCOME



CHURCH SERVICES, AUGUST and SEPTEMBER 2024

Sunday 4 th August	9.30am	Holy Communion
Sunday 11 th August	9.30am	Morning Worship
	5pm	Service of Prayer for Healing
Sunday 18 th August	9.30am	Holy Communion
Sunday 25 th August	9.30am	Morning Worship
Sunday 1 st Sept	9.30am	Holy Communion
Sunday 8 th Sept	9.30am	Morning Worship
	5pm	Service of Prayer for Healing
Sunday 15 th Sept	9.30am	Holy Communion
Sunday 22 nd Sept	9.30am	Morning Worship
Sunday 29 th Sept	11am	GROUP SERVICE, Holy Communion at All Saints Church, Worlington

All are welcome to join us at these Services

Suffolk Churches Ride and Stride

Saturday 14th September 2024, 9.00 am - 5 pm.

The **SUFFOLK HISTORIC CHURCHES TRUST** has organised this sponsored event for 42 years, to raise funds to maintain Suffolk's many historic churches.

The event is open to WALKERS as well as cyclists. You can choose from the list of open churches, the number of churches that you visit, and this can be as many or as few as you wish as long as you travel under your own 'steam' on your chosen route.

It has been three years since our regular cyclist retired from the event, so it would be good if someone else (or several people!) would take part for St Mary's, Barton Mills. Of the money that you raise, half goes to The Suffolk Historic Churches Trust Fund, and half to your own church. There are entry forms in the porch of Barton Mills church and more details can be found on the website SHCT.org.uk, or on Facebook.

Charlie Peachey

Pam and Jill would like to thank everyone for their love and support following Charlie's death.

The tributes to Charlie have been wonderful.

Many thanks to those who attended the funeral. You have all helped us cope with our loss. He will be sadly missed.



YOUR HELP ON THE DISTRIBUTION TEAM IS NEEDED ONCE AGAIN.....

With the recent retirement from the distribution team of Davina Peachey, there is a space that needs to be filled with your help please.

This delivery round (approx. 76 copies) covers Church Lane Close and Wiggin Close, and then Bell Lane. It may be possible to split the round in two, if we have the requisite number of volunteers come forward.

If you are able to help and volunteer in this role, please speak to **Liz Jarvis -Tel 583728**

On behalf of the Barton Miller Team and the village, we would like to thank Davina for her many years of service, delivering the BM on this distribution route. Thank you.



BARTON MILLS VILLAGE



CAR BOOT SALE

BANK HOLIDAY MONDAY

26th AUGUST

7am to 12noon

**BARTON MILLS
PLAYING FIELD**

next to the Village Hall, IP28 6BD

Single pitch £7, Double pitch £12

No need to book

Customer parking free

Refreshments in the Village Hall

No catering vans, thank you.

Raising funds for local groups



BARTON MILLS BAPTIST CHURCH



This edition of the Miller covers August and September but I would like to concentrate on the latter month. Over 70 years ago my grandfather farmed Walnut Tree Farm at the top of Bell Lane. The piece of land near the house, now the home of the Village Allotments, was an orchard and the large field adjacent to it was always commonly referred to as the “cornfield”. Just one field but it echoed to the sound of laughter and fun for my father and his siblings, along with their village friends, as they followed the “reaping machine”, known as a binder, and tried to catch the rabbits which had once felt secure amongst the corn. On completion of the harvest a great feast was enjoyed, the celebrations then culminated in services at the Church and Chapel, giving everyone the opportunity to **publicly reflect on God’s goodness** and to thank Him for keeping that **wonderful promise** recorded in Genesis Ch 8 v 22 **“While the earth remaineth, seedtime and harvest, and cold and heat and summer and winter, and day and night shall not cease”**.

Thankfully, we are **not restricted to give thanks** just at Harvest Time, it should be an ongoing reminder that **“God is good” throughout the year**. We should **give thanks whether the day goes smoothly** or we meet aggravating problems. We can **be grateful** if we’re rich or poor, when we’re feeling well or if our health fails. In every circumstance, **we can affirm God’s goodness and discover reasons to give thanks to Him!** Do we ever notice **the little blessings from Him**; do we ever stop for a time to **thank Him for His concern and care**. Consider how remarkable it is that the One who created the universe cares enough to intervene in our lives and regardless of what’s going on in the world if we believe in Him, He has promised “never to leave us nor forsake us. Isn’t that something we should **be constantly thanking Him** for?

IF YOU PAUSE TO THINK, YOU’LL FIND CAUSE TO THANK

Why not join us in our Worship Service
each Sunday at 3p.m. You will be most welcome.

F. A. RUTTERFORD

BARTON MILLS PARISH COUNCIL

BARTON MILLS FC CHARITY SUMMER FIELD DAY

A massive well done to Barton Mills FC for holding a successful event on Saturday 13th July!

SUNNICA

The Secretary of State for Energy Security and Net Zero, has issued their decision to allow the Sunnica Energy Farm to be built. A lengthy process of consultation will continue before any possible construction begins.

YOUR COUNCILLORS

Cllr. Neil Horne (Chair)	
Cllr. Mick Colsey (Vice Chair)	Cllr. Steve Mullender
Cllr. Keith Fuller	Cllr. Tanya Newman
Cllr. Liz Jarvis	Cllr. Ros Oke
Cllr. Robert Lewis	Cllr. Rob Pollard

The next Parish Council meetings will be held on **Tuesday 3rd September and Tuesday 1st October, both starting at 7:30pm** in the Village Hall. **There is no meeting in August.** In the event of an extraordinary meeting being held before the next scheduled meeting, it will be published on the website and notice boards. The Public are welcome to attend Parish Council Meetings and will be offered the opportunity to speak at the relevant item. To raise an item at any meeting please contact the Clerk at least 7 days prior to the meeting date.

For any issues please contact:

Chairman: Neil Horne, 07590 672963

Clerk: Naomi Alecock, clerk@bartonmills.net

Website: www.bartonmills.net **Facebook and Nextdoor:** Barton Mills Parish Council

All over 50s Welcome
BARTON MILLS WEDNESDAY CLUB

PICNIC ON THE FIELD
WEDNESDAY 7th AUGUST from 12.30pm.
Please bring your own food and a chair.

Event will be cancelled if there is wet weather.

WEDNESDAY 4th SEPTEMBER. 2.00pm.
James Stebbing - The History Of English Pantomime.
Refreshments to follow.

WEDNESDAY 18th SEPTEMBER - fundraising for The Samaritans
2.00pm. Bring and buy, plus raffle and Tombola.

Entry £2 members £3 non members
Annual subscription £10 payable in January
Enquiries to Ann on 01638 510008 or
jacobs.family@me.com

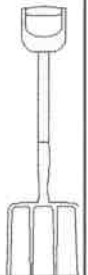


Barton Mills & District
Gardening Club
MEMBER OF R.H.S.

Annual Subscription £15.00
£2.00 fee per meeting for members
New members and friends welcome as paying visitors

Horticultural Show Sat 7th Sept.
2pm. - see full page advert
later pages

Tues 24th Sept - AGM 7.30 and
Gardeners Question time
For more information contact -
Ian Anderson. Tel 515741.



BARTON MILLS 100 CLUB

The purpose of the Barton Mills 100 Club is to raise funds by operation of lotteries and draws to contribute to projects and/or organisations within the parish of Barton Mills for the general benefit of the people of Barton Mills.

July 2024

£30 109 S. Smiley

£20 58 L. Harvy

£10 67 T. Kerridge

£10 145 J. Peachey

If you would like to become a member please contact our Treasurer: Janette Miller - 49 The Street. Tel 712843

IF YOU WANT TO WIN, YOU HAVE TO BE IN !!

Prizes of £30, £20, and 2 x £10 monthly and twice a year additional prizes of £150.



MILDENHALL & DISTRICT MUSEUM AND MUSEUM SOCIETY

The Museum opening hours: Tuesday, Wednesday, Thursday, Saturday 2 - 4 pm; Friday 10.30 - 4pm

In the Museum in August, the temporary displays are Olympics related. A limited amount of merchandise connected with the 90th anniversary of the Great Air Race is on sale in the Museum shop. **Please ask in the museum about the special commemoration book of the race.**

MILDENHALL MUSEUM SOCIETY -

No Museum Society meeting in August.

Thurs. 5th Sept. 7.30pm. 1934 - 'That was the year that was'. Why was 1934 such an important year for the town - Stefanie Palmer

The Society meetings are held in the Museum, 6 King Street, Mildenhall, IP28 7EX. 7.30pm. Members £2, non-members £4, annual membership £10



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BARTON MILLS GOOD NEIGHBOURS

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31st AUGUST

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from the museum**



BARTON MILLS FOOTBALL CLUB

The big SUMMER EVENT that was held on the Playing Field on Saturday, 13th July, was a great success. It was held to raise money for two charities – the Teenage Cancer Trust and the Brain Tumour Charity - and the funds raised on the Day were even more than expected. There was a variety of musical entertainment, and a mixture of stalls, all of which were enjoyed by everyone. They are looking forward to coming back next year!

Barton Mills Football Club played in division 4 of the Bury and District Sunday Football League, where they have enjoyed a successful season, coming next to the top of the League Table, with an excellent record of match wins and goals scored.

Well done!! (*editors*)

In case you missed it last month.....The Police Community Support Officer, PCSO, for Barton Mills is now Anne-Marie Powell, or in her absence Bill Butcher.

To report crimes, please use the online reporting system on: suffolk.police.uk (our area is Manor and Red Lodge) or dial 101

Community Policing Officer, Emma Harper visits different parts of our area on a weekly rotation and also is responsible for the Mobile Speed Camera unit. To communicate with Emma: i.e. not immediate crime reporting, but to raise concerns or follow-up, use email: cpt.forestheath@suffolk.police.uk

BARTON MILLS and DISTRICT GARDENING CLUB



**There are categories for Vegetables, Fruits,
Flowers, Baking & Jams,
which children can also enter.
ENTRIES ARE INVITED FROM MEMBERS
and EVERYONE IN THE AREA.**

Anyone interested in entering please contact:
Graham Swift on 07775 673366 or
email: grahamswifty32@gmail.com
for schedules, recipes and entry forms.

An Art Exhibition will be held, details in Show schedule
Visit Barton Mills & District Gardening Club Facebook group
for up to date information on the show.

Barton Mills Ladies Club

Report of July 2024 Meeting

Our Speaker for the meeting was Donna Martin, whose talk was entitled 'Bring a bottle – A History of Glass'.

Donna was from Soham Museum, but as she explained, there isn't actually a museum building. Over 4,000 artefacts have been amassed and are housed in containers in a farm in Soham. The farmer now wants the space they are taking up. A permanent building has been promised, but as yet has not materialized.

Glass has been around for centuries and is a naturally occurring substance, a mixture of sand, soda and lime. When early man first discovered it there was a desire to make more and improve on it to make it clear.

Early glass making began in Egypt, Mesopotamia, Libya and many central Eastern areas. There is evidence of wide spread circulation, as trading began and opened up the market to more and more places.

In the ruins of Pompei, bottles were found. The Romans are thought to have introduced it into England. There have been many 'finds' of glass throughout England – South Yorkshire, Newcastle upon Tyne, Surrey and Sussex.

There was a desire to improve the quality and clarity. As time went on there was a demand for glass for windows. The art of blowing glass was perfected and eventually mechanization made it available to all at an affordable price. As Donna's talk was called 'bring a bottle' lots of the ladies had brought bottles and at the end of her talk she told them more about their bottles.

Our next meeting is on Tuesday, 13th August at 2.00 p.m. in the village hall our Speaker Nora Gardner, her talk is titled 'Witches, ghosts and demons'.



NATURE NOTES

As I write this piece, in contrast to recent weeks, the temperature is 31degrees C with a clear blue sky and a gentle breeze. At last our insect life may be able to make up lost time. Many butterflies are on the wing now, especially the blue ones; Common blue, Chalk hill blue and Holly blue should be visible. The migrants, Painted Lady, Red Admiral and Clouded Yellow are not much in evidence so far this year but perhaps this warmer weather may encourage them to visit.

Amphibians and reptiles also like the warmer weather so you may see baby frogs and toads hopping around and, if you have a pond, a young Grass Snake. Barely a few inches long, they are tiny versions of the adults but fully-functioning predators. Their grey-green skin, with a bright yellow band at the back of the head, makes them unmistakeable. The Grass Snake is the only British snake that lays eggs; the others, Adder and Smooth Snake give birth to live young as does the Slow-worm which is not a snake but a legless lizard. Young of all these species should be appearing during August.

Although Swifts have been paying attention to the church tower this year we have no takers for our nest boxes yet. Not so in Sceptre Drive however where the small colony in wall-mounted boxes seems to be increasing. The other good news is that House Martins have also taken a liking to the new estate with thirteen active nests there at last count! They have largely deserted the older part of the village and, as I found out on 3rd July, there may be a very good reason for that. On that day we attended a very entertaining talk in Bury St. Edmunds Library by Martin Tickler from House Martin Conservation UK. It seems that as villages expand

the nests become further and further away from sources of mud and the martins don't like to nest much more than a quarter of a mile away from a source. Rivers are the obvious source but meadows torn up by livestock can also provide mud; mixed with a little manure it provides the ideal material! Some people actually create mud on the edge of their garden ponds, or even just in a tray, for nesting material.

House Martins arrive from Africa in March and April and occupy nests from previous years. Latecomers may not find unoccupied nests so will have to build one of their own which needs about 1,000 beaks full of mud and takes about two weeks. They line the nest with grass and feathers and generally lay four or five eggs. Incubation takes about two weeks followed by fledging another three weeks or so later. They raise two or three broods each season, weather permitting! By September they start to leave us but some final broods can be in the nest as late as October.

If you were interested in attracting House Martins to nest on your house then they will use artificial nest cups which should be fixed at least two metres high under the eaves. A good source of mud will be needed which you could provide if there is none nearby. Unlike Swifts they do not respond very much to playing their calls but I'm told a life-like model of a martin placed on the wall near the nest cup will do the trick! If you are worried about their droppings you just need to fix a board on the wall below the nest to catch the droppings which you can then add to your compost bin. Good luck!

Ken Venus.



BARTON MILLS CLUB NEWS

KNIT and NATTER

Hard to believe Knit and Natter has been going for 6 months and in that time our group has grown -not everyone knits, they just like to natter, and that's just fine too.

BUT that is not all that we do.

Everyone pays £2.00 at each meeting and as a result of that, we have been able to support a local charity, the St Nicholas Hospice, donating £45.00 to them. We also support 'Meserat for Women', a charity helping women and their new born babies in Ethiopia, to which we have also donated £45.00. Several of us have knitted baby blankets which have been taken out to Ethiopia, to help these poor, desperate women and their babies.

For me and the group this is so rewarding that we are not just knitting for ourselves but with a purpose, that can make a difference to someone's life, even if in just a small way.

We continue to meet in the church room from 2 to 4pm every Wednesday afternoon. New members always very welcome.

Alison Swift



BOOK CLUB

The Book Club has been going for 6 months, too. We have read and discussed a variety of books – biographies, non-fiction, 'who dun its?', Charles Dickens, and others – and some of us prefer to listen to audio versions of the books.

In July we talked about 'Magpie Murders' by Anthony Horowitz. This is a detective story written as a book within a book. The inner book is printed in a different font which makes a complicated story a bit easier to follow, and we agreed that it was a good read.

At our next meeting, on Thursday 15th August (7pm in the church room), we shall be discussing 'The Boy with the Topknot' – the biography by Sathnam Sanghera. Books for future meetings include 'My Family and Other Animals' by Gerald Durrell and 'The Shell Seekers' by Rosamunde Pilcher.

New members are always very welcome. Please contact Ali on 07982 679926_for more information.





Good Neighbour Scheme – “You’ve got a friend”

“....when you need a helping hand.....

it’s good to know that you’ve got a friend ”.

The Good Neighbour Scheme is here to assist the members of our community who may from time to time need the help that we can offer. Our Volunteers are ready and willing to provide assistance, without reward, save that of knowing that we have helped to make a difference. Even just a Volunteer calling in for a chat can provide that friendship that some of our more lonely neighbours may like to have occasionally or regularly as they wish.

We still hear people saying that they didn’t like to trouble the Good Neighbour Scheme with a problem or job that they need to resolve. Where we can help, we like to do so and this motivates the Volunteers who give so willingly of their time and abilities to help.

We provide practical help but we cannot undertake work that requires the services of professionally qualified and certificated tradespeople. However, the practical help that we can offer includes shopping; collecting prescriptions; help with IT, TVs and smart ‘phones; moving furniture; one-off garden tidy-ups; help with pets; etc. or just a Volunteer calling in for a chat that will help to lift the spirits.

Our services, which are free of any charge, are designed to support villagers across the entire Parish of Barton Mills. (This includes Station Road, Worlington Road and Tuddenham Road). Please remember that you can contact us on **07419 211040** or e-mail us at

barton.neighbours@gmail.com to see if we can help you with your needs.

What's on in Freckenham

Monday Meet Up at the Village Hall 2 – 3.30pm. Free event but donation appreciated. Sometimes a carpet bowls mat &/or table tennis table is there for people to have a go. Not on Bank Holidays. It's the holiday season so not much happening as you can see below! Farmers Market with some Crafts now on a summer break till 28th September 10 – 12 noon. Stalls to be confirmed, but sure to be the regulars and some plants.

First Friday of Month Film Nights on a summer break till 4th October.

We are hoping in September/October to do an afternoon Beetle Drive date TBC.

Weekly events most are still continuing so there is Yoga, FitSteps, Circuits and Table Tennis each week. Pilates start back date TBC and Dance club start back Thursday 26th September.

Starting soon Body-Strong class for women all ages on a Monday night, contact Isabel on 07824 015 752 for more information and from Wednesday 4th September weekly Tumbletots sessions! Fun physical play programme, divided into age groups 6 months – Walking, Walking – 2 years, 2 – 3 years and 3 years – School Age. Take a look at the website www.tumbletots.com/ely. Term Time Only. Contact fran.badcock@tumbletots.com, 07979 757 202 for more details and to book.

Follow us on Facebook Freckenham Film Night, FreckenhamVH & Community Group and website <https://freckenham.suffolk.cloud/freckenham-village-hall> Note: Seated Yoga is moving to Worlington Village hall from August.

We are looking at putting on extra one off events so just keep looking out &/or follow us on Facebook as more events are planned.

7/25

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NEWMARKET BRIDGE CLUB

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Above The Stable

65a High St., Newmarket CB8 8NA

(Parking at the rear of the premises off Palace Street)

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**Single players can be accommodated but
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Further details from

John Child 07739 097522 or

Carolyn Child 07739 097523

(formerly of Mildenhall Bridge Club)

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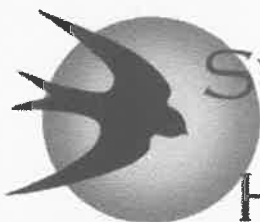
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To keep proportions correct, fold an A5 sheet of
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Many thanks.

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Telephone 101





The parish council does not meet again
until Tuesday 3rd September.

While everyone enjoys the summer
we will continue our work taking
care of issues in the village.

If you have any concerns or questions during that time
please contact us.

Email: clerk@bartonmills.net

Call: 07590 672963

After a promotion winning first campaign
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