





Originating from & produced by St Mary's Church Barton Mills

June 2025						
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#### Dear Readers,

As we move into the month of June, we are looking forward to long, light evenings and maybe barbeques and garden parties. Although, as I write this towards the end of May, all we really want is rain for our parched, dry gardens and shrinking reservoirs! It does seem as though our needs do depend on our own personal circumstances.

Here in Barton Mills we are fortunate to live in a caring community. There are groups such as 'The Good Neighbour Scheme' who advertise in the Barton Miller and offer their help to anyone who needs it, and many other groups who advertise their meetings and welcome new and existing members to their groups. It may take a bit of effort to take part in any of this – but it is all there if you look for it!

But perhaps one of the best things is to be able to say a friendly 'hello', with a smile, to anyone and everyone that you meet in the street. Have you tried this? Let's hope that June will be a cheerful month!

Best wishes from the Editors, Frances Lewis and Nancy Higgins.
Copy for the July issue of the Barton Miller by 20<sup>th</sup> June, please.

### BURY ST EDMUNDS MOBILE LIBRARY VAN DATES (Route 4) Email: help@suffolklibraries.co.uk Telephone: 01473 584563

The Library Van visits Barton Mills (Lamb Court) on Saturday aft. 12.15pm -12.40pm

This will be the following Saturdays - June 21st and 19th July 2025.

#### Vicar's Letter

Article for June 2025 – Barton Miller

One of the unusual items of St. Mary's is the mural above the chancel arch. It is a large picture of Jesus as a shepherd with the text "There shall be one Fold and one Shepherd" next to it and "I am the good shepherd" underneath. It dates back to 1911 and was done under the instruction of Sir Giles Gilbert Scott, architect of the Anglican Cathedral in Liverpool and Battersea Power Station and part of the renowned Gilbert Scott family.

Our mural of Jesus the Good Shepherd is both a revival and a retelling of the kind of mural that would have been in its place when St. Mary's was first built. Medieval churches like ours would have been filled with colour – painted with vivid images of stories from the bible and the lives of the saints – stories to inspire and to challenge.

Above the chancel arch, above the Rood Screen that would have stood there to cut people off from the priests and the ritual of the Mass, there would have been a mural of Jesus as Judge. This references Matthew 25:31-46 which points us forward to the time when Jesus will judge us all and ask us what we have done with the precious gift of our lives. Have we used it to bless others, especially those in need, or have we used it selfishly? But when Gilbert Scott reinstated a mural above the chancel arch, he didn't reinstate Jesus as Judge, but rather Jesus as Shepherd - who cares for his flock and through his death on the cross brings them life, referencing Jesus words in John 10:11-18.

We need to hold onto both images of Jesus. He is the Good Shepherd who has laid down his life that we might live. Without the cross and his death for us, we have no hope of life eternal. But we also need to remember that we are accountable for our lives to Jesus the Judge. Each one of us will face him and be judged by him. Are we ready for that?

Last month I introduced the new Friends' Group for St. Mary's. We have already had many people join to help preserve Gilbert Scott's mural and the other treasures of our church for future generations. It's never too late to join and I hope you will do so.

Mark McCaghrey

#### St Mary's Church Barton Mills.

Church Contact: Team Vicar, Revd Mark McCaghrey,

1 The Street, Barton Mills IP28 6AP

Tel. No. 01638 495001

E mail mark.larkandlee@outlook.com

**Church Representatives:** 

<u>Churchwardens:</u> Dave Traher 25 Church Lane Close, Barton Mills. Tel 718328; Jenny Everett 24 Oxford Close, Mildenhall IP28 7RP, Tel 07807 912909.

Elders: Glynn East and Dave Traher.

St Mary's Parochial Church Council

#### **Elected Members**

Secretary: Jenny Everett, 24 Oxford Close, Mildenhall IP28 7RP,

Tel 07807 912909, email jen.everett50@gmail.com

To whom all correspondence should be addressed.

Treasurer: Jo Traher

#### **Deanery Synod Representatives:**

Peter Alder and Glynn East

Other PCC Members: Alan Butcher, Linda Jenkins, Rodney

Knight, Frances Lewis, and Sandra Woollard.

Prayer Chain - There is access to a prayer chain for anyone needing prayers for themselves or others. Please contact the church Elders mentioned above



#### **COFFEE MORNINGS**

EVERY THURSDAY 10.00 TO NOON IN THE CHURCH ROOM



**ALL VERY WELCOME** 



# BARTON MILLS AND GROUP CHURCH SERVICES JUNE 2025

Sunday 1<sup>st</sup> June 9.30am Holy Communion

Sunday 8<sup>th</sup> June Pentecost 9.30am Morning Praise 5 pm Service of Prayer for Healing

Sunday 15<sup>th</sup> June Trinity Sunday 9.30am Holy Communion

Sunday 22<sup>nd</sup> June 9.30am Morning Praise

Sunday 29<sup>th</sup> June 11am GROUP SERVICE of Holy Communion at West Row church, followed by a BBQ.





# **Barton Millers!!**

As the Preservation Trust morphs into the

# Friends of St Mary's Barton Mills

we hope you will continue to help the congregation to support the upkeep of the church building.

Donations collected at the latest Car Boot Sale on the Barton Mills Playing Field will be going towards conserving the fabric of the building, and there will still be quizzes and other events organised in support of this cause.

To express your interest in joining the Friends please contact:

Mark McCaghrey on mark.larkandlee@outlook.com or Liz Jarvis on emjarvis68@gmail.com or see/complete the form on page xx

# The Friends of St. Mary's, Barton Mills

#### Supporter Registration Form

**Thank you** for being willing to become a supporter of the Friends of St. Mary's, Barton Mills. The friends play a vital part of the custodianship of St. Mary's. As a supporter, you will be aiding the preservation of St. Mary's for the future and its use as an centre for worship and community for the village. The objectives of the Friends Group and the way your data will be used are described overleaf.

Title	
First Name	
Surname	
Address	
Post Code	
Email	
Contact Phone	
Signature	
Date	

Please return this form to the Secretary of the Friends Group, the PCC Secretary or the Vicar at 1 The Street, Barton Mills, IP28 6AP.

#### **Objectives of the Friends**

The Friends is run by a Sub-committee of the PCC of St. Mary's:

- To raise funds and donations for the maintenance and improvement of the fabric and contents of St. Mary's
- 2) To support the development of St. Mary's building for secular events alongside regular worship.
- 3) To support in the practical care and maintenance of St. Mary's.
- 4) To participate as appropriate in making grant applications for funds to repair, restore or conserve St. Mary's.
- To encourage enjoyment and appreciation of St. Mary's and its use by the whole community.
- To grow the numbers of Supporters, and their participation in the work of the Friends.

#### Supporters will be invited to:

- Subscribe to the work of the Friends through regular donations to the Fabric Fund (A restricted fund which can only be used for the preservation and maintenance of the fabric of the Church and Rooms).
- Be involved in organising activities that support the objectives of the Friends.
- 3) Attend activities to support the objectives of the Friends.
- 4) Become members of the Friends Committee.

#### **Privacy Notice**

By completing this form you are consenting to the PCC of St. Mary's, Barton Mills holding your details and for those to be used by the PCC, the Vicar, and the Friends Committee for the purposes of the Friends as detailed above. Your details will not be passed onto any third-party. You can ask for your details to be removed at any time by getting in touch with the Secretary of the Friends Committee, the PCC Secretary or the Vicar.





#### BARTON MILLS BAPTIST CHURCH



I am sure you will agree our village is a delightful place to live. We should be thankful that we can enjoy great walks enabling us to think about where we live and possibly reflect on our claim to fame. Vaccines today have saved many lives, and the discovery of penicillin in 1929 by Sir Alexander Fleming, a Scottish physician and microbiologist, discovered penicillin was one of the greatest feats of our time. On a wall just beyond Bell Lane in The Street there is a plaque stating this great man lived here in the village from 1921 – 1955. I know I have mentioned this story before but it is certainly worth repeating over and over again, especially for our newcomers.

A gathering of friends at an English estate nearly turned to tragedy when one of the children strayed into deep water. The gardener heard the cries for help, plunged in, and rescued the drowning child. That youngster's name was Winston Churchill. His grateful parents asked the gardener what they could do to reward him. He hesitated then said I wish my son could go to college someday and become a doctor. "We'll see to it", Churchill's parents promised.

Years later, while Sir Winston was the Prime minister, he was stricken with pneumonia. The country's best physician was summoned, his name was Dr Alexander Fleming, (mentioned above), he was also the son of that gardener who had saved the young Winston from drowning. Later Churchill remarked, "Rarely has one man owed his life twice to the same person".

Churchill's experience reminds us of our double indebtedness as Christians to God. First our Heavenly Father gave us the previous gift of physical life, then through His son, the Great Physician, He imparted to us the priceless gift of eternal life." This should motivate us to present our bodies as a living sacrifice to the Lord (Romans 12 v 1) to Him we are doubly indebted for life.

#### WE CANNOT FULLY ENJOY THE GIFT OF PHYSICAL LIFE UNTIL WE HAVE RECEIVED THE GIFT OF ETERNAL LIFE

Please note at the present time we are just having one service at the Chapel at 3 p.m. F. A. RUTTERFORD

#### BARTON MILLS PARISH COUNCIL

#### **PARISH COUNCILLORS**

The Parish Council have co-opted 3 new Councillors over the last few months. Welcome to Clirs. Ellie Marshall, Harry Walston and Nigel Curtis. A reminder that you can contact Councillors by emailing <a href="mailto:firstname.surname@bartonmills-pc.gov.uk">firstname.surname@bartonmills-pc.gov.uk</a>

Following the resignation of Cllr. Neil Horne, the Parish Council would like to thank him for the 8 years that he spent as a Councillor and latterly as Chairperson. We wish him well on his new adventures.

#### **PLAYGROUND EQUIPMENT**

We have received a very kind offer from a parishioner to fund a new piece of equipment for the play area on the village green. We welcome suggestions of what you would like to see as an addition to the play area; please send your ideas to the Clerk.

#### **PARKING**

When parking on the road please ensure that there is plenty of space for emergency vehicles to pass.

Please note that the car park at the Village Hall is for those using the hall or the village green itself and therefore, short term only.

The next Parish Council meetings will be held on Tuesday 3<sup>rd</sup> June and 1<sup>st</sup> July, starting at 7:30pm in the Village Hall. In the event of an extraordinary meeting being held before the next scheduled meeting, it will be published on the website and notice boards. The Public are welcome to attend Parish Council Meetings and will be offered the opportunity to speak at the relevant item. To raise an item at any meeting please contact the Clerk at least 7 days prior to the meeting date.

#### For any issues please contact:

Clerk: Naomi Alecock, <u>clerk@bartonmills-pc.gov.uk</u>

Website: www.bartonmills-pc.gov.uk and Facebook: Barton Mills Parish Council

#### **BARTON MILLS 100 CLUB**

The purpose of the Barton Mills 100 Club is to raise funds by operation of lotteries and draws to contribute to projects and/or organisations within the parish of Barton Mills for the general benefit of the people of Barton Mills. If you are a village organisation who would benefit from a 100 Club financial grant, please do speak to Jackie Stirges - jackstirges@btinternet.com

#### **May 2025**

£30	29	M. Spurling
£20	145	J. Peachey
£10	110	D. Smiley
£10	216	C 1 Powell

If you would like to become a member please contact our Treasurer: Janette Miller - 49 The Street. Tel 712843
IF YOU WANT TO WIN, YOU HAVE TO BE IN!!
Prizes of £30, £20, and 2 x £10 monthly and twice a year additional prizes of £150.



# MILDENHALL & DISTRICT MUSEUM AND MUSEUM SOCIETY

The Museum is OPEN.
Tuesday, Wednesday, Thursday, and Saturday 2 -4 pm;
Friday 10.30 - 4pm

#### MILDENHALL MUSEUM SOCIETY

MILDENHALL AND DISTRICT

Upcoming Society Talks:-

Thursday 5th June 2025 - Fran Saltmarsh -

"Six into one will go".

Talks are held at the Museum 7.30 pm, refreshments available.

Members £2 non-members £4 Annual Membership £10

Mildenhall Museum is a registered charity and relies totally on your donations.



Annual Subscription £15.00 £2.00 fee per meeting for members New members and friends welcome as paying visitors

#### Tuesday 24th June 2025 OPEN MEETING Barton Mills Allotments

For more information contact Secretary - Carol Garrod
07711 941872

## All over 50s Welcome BARTON MILLS WEDNESDAY CLUB

WEDNESDAY 4th JUNE. 2 pm. In the Village Hall.-LYNDSEY BARRELL will give a talk about her discovery of BURLESQUE...!!!

Refreshments afterwards

"THE GONDOLIERS" at BURWELL

18th to 21st JUNE
TICKETS: £15 EVENINGS £12 SATURDAY MATINEE

IF YOU WOULD LIKE TICKETS PLEASE CONTACT ANN JACOBS TEL 510008

Entry £2 members £3 non members
Annual subscription £10 payable in January
Enquiries to Ann on 01638 510008 or
jacobs.family@me.com



#### **Good Neighbour Scheme -**

\* Here comes the Sun



☐ "Summertime and the living is easy" ☐
(song by George Gershwin from the opera "Porgy and Bess")

This well-known song was written during the period of the Great Depression in the USA; challenging times when the lives and wellbeing of many people there and around the world were seriously impacted. Life was all too often anything but "easy" then but neighbours helped neighbours where possible and optimism of better times to come spurred people on.

We are living in times now when the news regularly highlights issues that may impact upon the lives and wellbeing of people in our communities. The Good Neighbour Scheme in Barton Mills can at least help in a number of ways, to make the living easier for people for whose needs our services are designed to assist.

The ways that we can assist focus on practical help (shopping; collecting prescriptions; help with IT, TVs and smart 'phones; moving furniture; one -off garden tidy-ups; help with pets; etc.) or just a volunteer calling in for a chat that will help to bring a bit of that summer sunshine into someone's life. We aim to make a difference to our neighbours lives where we can.

Please remember that you can contact us on **07419 211040** to see if we can help you with your particular needs.

#### **Barton Mills Ladies Club**

Report of the May Meeting.

This afternoon we welcomed back Jen Larner who had come to talk about and show us some Circle Dances.

They are danced around the world and are mostly telling about life and customs and the seasons. We danced around a centre piece representing Spring and new growth. Although called dances the ones that Jen did with us were slowish walking steps.

Our first dance came from the Balkans to some folk music from the region. The seed dance was a Native American dance and our steps and actions depicted sowing the seeds watching them grow and gathering them up. Most dances are very old but some are still being created. One was in honour of the NHS and the heroic way they cared for us during the pandemic. We also moved to dances from Greece, Columbia and Lithuania.

We did three sitting down for those less mobile. They were very soothing and relaxing.

A most enjoyable afternoon.

Our next meeting due on 10th June will be our AGM followed by a tea party. **This is for members only.** 

Our meeting in July is on the 8th July and Sarah Doig will tell us about the A-Z of Curios

Why not come and join us the meeting starts at 2 p.m.



# Free help when you need it most

Including

Minor Household Repairs & Assistance, Shopping, Garden Tidying, Help with Pets, Form Filling, Technical Help (Computers, Phones, TVs, etc.), Emergency Meals or just a Chat

Call us on 07419 211040

**BARTON MILLS GOOD NEIGHBOURS** 

Why not Volunteer or become a Friend of the Scheme?

Phone us for details or e-mail us at

barton.neighbours@gmail.com







Mildenhall & District 1945 Shared Moments Of Celebration

Exhibition running until the end of August. Includes a film

See what rations looked like! See p.11 for Museum Opening Times.

#### **MILDENHALL BANKING HUB**

The temporary banking hub in Mildenhall, in The Pavilion, Recreation Way, (by the big council car park) is open between 9am and 5pm from Monday to Friday. It offers a counter service operated by Cash Access UK. Its services are operated by the Post Office, so that customers of all major banks can carry out regular cash transactions.

The hub also offers a community banker service where customers can talk to their own bank about more complicated issues on the day their bank is in the hub which is as follows:

Monday: Barclays Tuesday: NatWest Wednesday: Lloyds

Thursday: Santander (pm only)

Friday: HSBC

# ? BARTON MILLS VILLAGE HALL QUIZ?

FRIDAY QUIZ 18<sup>th</sup> JULY

SATURDAY QUIZ 19th JULY

in BARTON MILLS VILLAGE HALL QUIZMASTER: KEVIN MILLIGAN

## FRIDAY & SATURDAY QUIZ

7pm FISH & CHIP SUPPER from Handy Plaice 8pm start of QUIZ

Kevin Milligan will be the Quizmaster on both evenings (but with different questions each time)

When you book, please say which evening you have chosen. Come as a team (up to 8 people) or come on your own – teams can be made up on the night.

#### RAFFLE PRIZES B.Y.O. DRINKS & TABLEWARE

Tickets: £15 per person, before the night, to include FISH (or CHICKEN or VEGGIE) & CHIP SUPPER. Gifts of raffle prizes will be very welcome Tickets from: Frances Lewis, 11 Church Meadow, Barton Mills, (01638 713155) e mail: frances\_lewis11@hotmail.com Proceeds to Barton Mills Village Hall Funds.

#### **NATURE NOTES**

In April I spent a week in the British Overseas Territory of Gibraltar. This peninsula of Jurassic limestone rises to a height of 1,396 feet and has an area of just 2.6 square miles but has a surprisingly rich and varied flora and fauna. Even more surprising, about 40% of the land area is designated as a nature reserve. My purpose was to help monitor the spring bird migration across the nine mile wide Straits of Gibraltar. Migrant birds travelling from Africa into Europe are forced to make a dangerous crossing of the Mediterranean Sea. To minimise risk they choose the shortest crossing point, either at Gibraltar or further west at Tarifa, Spain. Many small birds migrate during the night so by early morning the trees and bushes can be alive with a whole host of species. Bird ringing takes place in the mornings with mist nets set in the shrub area. Once ringed, weights and various biometrics are taken before they are released to continue their journey. This long-term study records numbers of migrants passing through. We captured many different species including Bee eater, Common nightjar, Red-necked nightjar, Turtle dove, Nightingale, Redstart, Pied flycatcher, Spotted flycatcher and ten species of warbler.

The second monitoring technique is to count the birds of prey as they cross the Straits. Most large raptors cannot fly long distances by just flapping and gliding as they soon tire so they wait until the land warms up to take advantage of the thermal up-currents. They then gain sufficient height to soar over the sea. For this reason raptor migration generally takes place in the afternoon. Timing is critical; if they miscalculate their journey they may well perish by falling into the sea. Some that do are lucky enough to be rescued and get taken to the local raptor rescue centre whey they are cared for until they can be released. The range of species and numbers we recorded was nothing short of amazing: we saw Griffon vultures, Egyptian vultures, Black kite, Booted eagle, Short-toed eagle, Sparrowhawk, Hobby, Peregrine falcon, Osprey, Honey buzzard, Marsh harrier, Hen harrier, Montague's harrier, Black stork and White stork. We even had a flock of 40 Flamingoes although they did seem to be a bit lost!

Two or three huge cruise ships arrive in Gibraltar port each morning. By the afternoon many of the passengers make their way by bus or

taxi to a viewpoint on the Upper Rock close to the bird observatory. From there they can see Gibraltar, Morocco and Spain. One afternoon a flock of eighteen majestic Griffon vultures flew over at no more than fifty feet above us. The tourists were so busy making memories and taking 'selfies' they failed to see the birds; no-one even looked up!

There are few trees as most of them were cut down for fuel during the Great Siege of Gibraltar between 1779 and 1783 and never replanted. However, there are plenty of shrubs and an abundance of wild flowers. There are more than 600 species of wild plants and over 600 species of butterflies and moths. The national flower is the Gibraltar candytuft, *Iberis gibraltarica*, with blooms of pale violet to almost white. This is also a popular garden plant at home. To describe all the beautiful flowering plants would take a whole book but we did see some notable species: Wild gladiolus, Snapdragon (Spanish toadflax), Sweet Alison and Mallow-leaved bindweed to name but a few. Butterflies and moths were common; we saw Striped hawk moths and Humming bird hawk moths feeding on nectar in daylight. Migrant Painted lady butterflies were also common along with a new one for me — Cleoptatra — a large butterfly like a Brimstone with large orange patches on the wing.

More information about Gibraltar's wildlife can be found on the website of the Gibraltar Ornithologists and Natural History Society at www.gonhs.org.

Ken Venus.



#### **BARTON MILLS GROUPS NEWS**

#### **KNIT and NATTER GROUP**

The Knit and Natter Group meets in the church room every Wednesday afternoon between 2pm and 4pm. It is a very friendly group with a range of knitting styles or no knitting at all - just nattering ...



As well as our own knitting we knit and crochet blankets and little coats for the charity **Meseret** which helps single mothers and new born babies in Ethiopia. We held a Fund Raising Coffee Morning for this Etheopian Charity, and the St Nicholas Hospice, on Saturday 24<sup>th</sup> May, so, next month, we shall be able to tell you how much money we raised.

New Knitters or just people coming for a cup of tea and a Natter, are always welcome.

Alison Swift 07982679926.

#### **BOOK CLUB**

At our May meeting we discussed the book 'The Couple at No 9', by Claire Douglas. Most of us enjoyed it, but some found that although the twists and turns of the narrative made it an interesting read, others found this format difficult to follow and we agreed that it is an unusual way to write a book.

The book for our next meeting, at 7pm, in the church room, on Thursday 12<sup>th</sup> June, will be 'The Ghost' by Robert Harris.

In July we shall discuss Miriam Margolyes' autobiography 'This Much is True'.

If you like to read — maybe on a tablet or by listening to audio books — and then talk about what you think of the book, do come along to a meeting. We are just a small group and new members will be very welcome.

Frances Lewis 01638 713155

#### SOCIAL ART GROUP

The Barton Mills Art Club continues to meet each Friday in the Church Room from 7pm to around 9pm. We are a small group just trying our hand at drawing and painting using different media. It is a low-key and sociable evening and new members, even those new to the Art world, will be very welcome. If this would be of interest or you would like some more information, just give me a ring: Glenda Berrett 01638-717925

#### IMPORTANT NOTICE FOR BARTON MILLER ADVERTISERS

As of the February 2025 edition of the Barton Miller, there will be NEW advertising rates for commercial/business advertisers

#### **NEW RATES PER ANNUM**

FULL PAGE	£180
HALF PAGE	£90
QUARTER PAGE	£45
1/8th PAGE	£25

The rates for clubs/societies will remain unchanged as these have recently increased.

Please note that adverts will not go to print until fees are paid.



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**NEPTUNE** 

**NOVA** 

# BARTON MILLS

#### **BARTON MILLS FOOTBALL CLUB**

Barton Mills FC went into the final stages of their league campaign with 3 finals to go. In their first cup game Barton Mills played Thurston FC in the division 3 knockout cup and were completely dominant throughout. Unfortunately the Mills lost their final 2-1

and were runners up in this competition. It wasn't all sadness though because the Mills had Stradbrooke FC in their final league game of the season, needing a win or draw to be crowned champions of division 3. The Mills took complete control of the game and won their final match 5-1 and were crowned champions of division 3 Bury and District Sunday league and they will now be promoted to division 2.

The Mills then went into their final game of the season, the County Cup Final, for the second year running. The Mills scored early on but conceded in the second half. After 20 shots on target to Stradbrooke's 1, the game went to penalties. Unfortunately it wasn't our day again and Stradbrooke FC walked away winners.

Overall, Manager Mark Morley was very pleased with his team's performance, with a league victory and 2 runners up medals proudly brought back to the village of Barton Mills.



Copy for the July edition of the Barton Miller to the Editors

By

20th June please.

#### What's on in Freckenham at the village hall

New website Freckenham Village Hall (freckenham-pc.gov.uk)

Monday Meet Up at the Village Hall 2 – 3.30pm. Free event but donation appreciated. Sometimes a carpet bowls mat or table tennis table is out for people to have a go.

Coffee Caravan First Tues of the month 3<sup>rd</sup> June, 1<sup>st</sup> July, East View Car

Park, off Mildenhall Rd 2 – 4pm. Cuppa, chat, free advice.

First Friday of Month Film Night 6th June - RED - After surviving an assault from a squad of hit men, retired CIA black ops agent Frank Moses reassembles his old team for an all-out war. Frank reunites with old Joe, crazy Marvin and wily Victoria to uncover a massive conspiracy that threatens their lives. Only their expert training will allow them to survive a near-impossible mission - breaking into CIA headquarters. Stars Bruce Willis, Morgan Freeman & Helen Mirren. Doors & Bar

7pm, film 7.30pm. Next film night 4<sup>th</sup> July film tbc

Table Top Sale Sat 14th June 11- 2pm Refreshments, Free entry. Pre-book a table for £5 contact Donna Setchell on: 07821 360214

Sun 22nd June folk evening with support of Creative Arts East Kathryn Roberts & Sean Lakeman. Advance Tickets £12, £15 after 9th June, so get your tickets on 07542 198 933 or freckenhamvh@outlook.com, Doors & Bar open 7pm, raffle, performance starts 7.30pm

Farmers Market with some Crafts 28th June 10 - 12 noon, free entry, refreshments available. TFM Meat, Plantation Farm Fruit & Veg, Pies, baking, honey, preserves, cards, jewellery, local artists, plants, and more!

Then a summer break, back 27th Sept.

We are looking to stream an Eastern Angles Show, interested? Let Jane

know and keep looking out for more information.

Weekly events Table Tennis now 6 - 8pm; Tumbletots sessions for under 757 202 5's! Term Time Only. Contact Fran on 07979 fran.badcock@tumbletots.com. https://freckenham-pc.gov.uk/. for details and to book, events! Follow us on Facebook FreckenhamVH & Freckenham, Suffolk Community Group.



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Commercial/Business	Basic 1/8 page of A5	£25	Per annum
	1/4 page of A5	£45	Per annum
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Depending on the content for some local items, some adjustments may be made. This is envisaged as being for "poster type" publicity for events.

<u>Charity appeals</u> not more that 5 lines of straight type - FREE. "Poster style" format - organisation rates apply.

Small Personal Adverts For Sale/Wanted etc. - £1 Lost/Found/Thank you - FREE

Any profits from advertising go to Church Funds

# The Barton Miller Editorial Team

take no responsibility for endorsement of, or statements made in published advertisements which are accepted in good faith. However we reserve the right to refuse any advertisement considered inappropriate for publication

#### SPECIAL NOTICE

If you are preparing any articles or advertisements for inclusion in the **BARTON MILLER** would you please submit, where possible, in **A5 format copy**. Please email the text (Word/Publisher.doc or pdf) and illustrations (JPEG) to

nancy@bartonmills.com or frances\_lewis11@hotmail.com

To keep proportions correct, fold an A5 sheet of paper in half 3 times to achieve minimum size. Many thanks.

PCSO ANN- MARIE POWELL
Safer Neighbourhood Team
Police Community Support Officer

Telephone 101





#### BUDDY SCHEME



The Parish Council would like to encourage participation in the initiative of a Buddy Scheme for those with a known heart condition or illness. The scheme encourages parishioners to buddy up with their neighbour(s) who could assist in getting help and retrieving the defibrillator in Bell Lane.

A defibrillator is a device that delivers an electric shock to the heart to restore a normal rhythm in cases of potentially fatal abnormal heart rhythms, such as ventricular tachycardia or ventricular fibrillation. It is crucial in treating sudden cardiac arrest, as it can help the heart start beating again when it has stopped. Defibrillators can be found in various forms, including automated external defibrillators (AEDs) for public use and implantable cardioverter defibrillators (iCDs) for patients at high risk. They can be life saving devices!