



The **BARTON** *Miller*

May 2025



Originating from & produced by St Mary's Church Barton Mills

May 2025

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Dear Readers,

As you will see from the front cover we have VE80 commemoration day on 8th May this month. Please see further details within this edition of what will be happening in Barton Mills on that day.

Also within this edition, there is information and a 'give your details' page which can be removed, for joining the newly formed **Friends of St Mary's Barton Mills**.

I, myself, can't believe it's May already. The spring flowers and, dare I say weather, have mostly been lovely, though the gardens and probably farmers, would probably like a little more rain.

Copy for June edition to the editors by 20th May please.

Nancy Higgins and Frances Lewis - Editors

BURY ST EDMUNDS MOBILE LIBRARY VAN DATES (Route 4)

Email: help@suffolklibraries.co.uk Telephone: 01473 584563

The Library Van visits Barton Mills (Lamb Court) on Saturday aft. **12.15pm -12.40pm**

This will be the following Saturdays - May 24, 2025.



As I write this article, the cross on the church is illuminated for Easter. For many years I drove up and down the A11 observing the cross at Christmas and Easter, never realising that one day I would live right next door.

The illumination of the cross is a reminder that the building itself is a sign – a pointer to something beyond itself. It points to the cross of Jesus, and the events of the first Easter, the living faith that speaks of grace and love beyond measure.

It also points back in time, to generations of Barton Millers past, and for whom St. Mary's was their church too. St. Mary's dates back to around 1195 and has been a central presence in the village for 800 years, serving as a place for community gatherings and worship. Over time, each generation has modified the church to suit their needs and preferences while preserving its fabric and purpose for future generations.

For this reason, Barton Mills established the Preservation Trust, which successfully raised significant funds, aiding the community and church to keep strong connections, preserving the building's condition, and meeting the needs of the current generation of Barton Millers. Changes in charity law now limit the Preservation Trust's ability to continue its mission easily so the Parochial Church Council (PCC), trustees of the church, has picked up the mantle by forming the Friends of St. Mary's, which we would love you to join.

The Friends are anyone in this village or beyond, who wants to help St. Mary's stay open, as a well maintained, living hub for the community. You don't have to be a member of the congregation or have a Christian faith, just willing to support this mission through organising and attending events, subscribing to the Fabric fund or helping in other ways to keep St. Mary's there for all and open into the future.

I hope that you will join us as we start this new group by completing the form you can find in this Barton Miller and popping it through my door at The Vicarage, 1 The Street or emailing it to me at mark.larkandlee@outlook.com.

Thank you in advance for your help.

Mark McCaghrey

Please see also pages 5 and 6

St Mary's Church Barton Mills.

Church Contact: Team Vicar, Revd Mark McCaghrey,
1 The Street, Barton Mills IP28 6AP
Tel. No. 01638 495001

E mail mark.larkandlee@outlook.com

Church Representatives:

Churchwardens: Dave Traher 25 Church Lane Close, Barton Mills. Tel 718328; Jenny Everett 24 Oxford Close, Mildenhall IP28 7RP, Tel 07807 912909.

Elders: Glynn East and Dave Traher.

St Mary's Parochial Church Council

Elected Members

Secretary: Jenny Everett, 24 Oxford Close, Mildenhall IP28 7RP,
Tel 07807 912909, email jen.everett50@gmail.com

To whom all correspondence should be addressed.

Treasurer: Tony Potts.

Deanery Synod Representatives: Rodney Knight and
Peter Alder

Other PCC Members : Alan Butcher, Linda Jenkins, Frances
Lewis, and Sandra Woollard.

Prayer Chain - There is access to a prayer chain for anyone
needing prayers for themselves or others. Please contact the
church Elders mentioned above



COFFEE MORNINGS

EVERY THURSDAY 10.00 TO NOON IN
THE CHURCH ROOM



ALL VERY WELCOME



The Friends of St. Mary's, Barton Mills

Supporter Registration Form

Thank you for being willing to become a supporter of the Friends of St. Mary's, Barton Mills. The friends play a vital part of the custodianship of St. Mary's. As a supporter, you will be aiding the preservation of St. Mary's for the future and its use as an centre for worship and community for the village. The objectives of the Friends Group and the way your data will be used are described overleaf.

Title	
First Name	
Surname	
Address	
Post Code	
Email	
Contact Phone	
Signature	
Date	

Please return this form to the Secretary of the Friends Group, the PCC Secretary or the Vicar at 1 The Street, Barton Mills, IP28 6AP.

Objectives of the Friends

The Friends is run by a Sub-committee of the PCC of St. Mary's:

- 1) To raise funds and donations for the maintenance and improvement of the fabric and contents of St. Mary's
- 2) To support the development of St. Mary's building for secular events alongside regular worship.
- 3) To support in the practical care and maintenance of St. Mary's.
- 4) To participate as appropriate in making grant applications for funds to repair, restore or conserve St. Mary's.
- 5) To encourage enjoyment and appreciation of St. Mary's and its use by the whole community.
- 6) To grow the numbers of Supporters, and their participation in the work of the Friends.

Supporters will be invited to:

- 1) Subscribe to the work of the Friends through regular donations to the Fabric Fund (A restricted fund which can only be used for the preservation and maintenance of the fabric of the Church and Rooms).
- 2) Be involved in organising activities that support the objectives of the Friends.
- 3) Attend activities to support the objectives of the Friends.
- 4) Become members of the Friends Committee.

Privacy Notice

By completing this form you are consenting to the PCC of St. Mary's, Barton Mills holding your details and for those to be used by the PCC, the Vicar, and the Friends Committee for the purposes of the Friends as detailed above. Your details will not be passed onto any third-party. You can ask for your details to be removed at any time by getting in touch with the Secretary of the Friends Committee, the PCC Secretary or the Vicar.

CHURCH SERVICES, MAY 2025

Sunday 4th May

9.30am Holy Communion

Sunday 11th May

9.30am Sunday Celebration

5pm Service of Prayer for Healing

Sunday 18th May

9.30am Holy Communion

Sunday 25th May

9.30am Sunday Celebration

Thursday 29th May, ASCENSION DAY

7pm at West Row Church, Group Service of Holy Communion

Sunday 1st June

9.30am Holy Communion

All are welcome to join us at these Services

ANNUAL PAROCHIAL CHURCH MEETING: (APCM)

11am Sunday 11th MAY

The **APCM** is to be held after the church service on Sunday 11th May. At this meeting the members of the Parochial Church Council, and the Deanery Synod representatives, will be elected. This year there will be a vacancy for one Deanery Synod representative as, after many years, Rodney Knight has decided not to continue. We are very grateful to Rodney for serving in this position for a very long time.

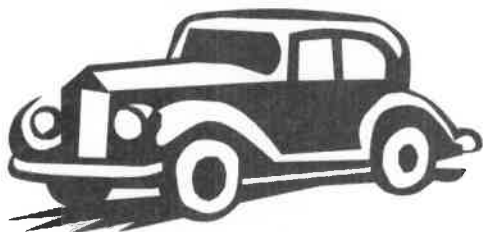
Nomination forms for PCC members and for Deanery Synod are available in the church. Please consider if you are willing to serve the church, on the PCC or on the Deanery Synod.

For further information please contact Jenny Everett on 07807 912909.

BARTON MILLS VILLAGE CAR BOOT SALES

**BARTON MILLS
PLAYING FIELD**

(Next to Village Hall, IP28 6BD)



**BH MONDAY 5th May and
BH MONDAY 26th May**

7am to 12noon

Single pitch £7, Double pitch £12

No need to book

Free parking for customers

REFRESHMENTS in the Village Hall

Proceeds to local groups



VE80 - Victory in Europe

On 8th May 2025 it is 80 years since Victory in Europe was declared on 8th May 1945, bringing an end to The Second World War

To commemorate this important day in the history of our country the following events have been planned for Barton Mills

Thursday 8th May 2025

- 9.00am Ringing of Church Bells**
- 9.30am Service of Thanksgiving at St Mary's Church**
- 6.00pm Ringing of Church Bells**
- 6.30pm Service of Commemorations at the Peace Garden**
- 9.00pm Lighting of Lanterns around the Peace Garden**





BARTON MILLS BAPTIST CHURCH



At the end of the month of May we remember another important date in the Christian Calendar. Like so many of us in Barton Mills we commenced our education at St. Mary's in Mildenhall. As it was a Church school, on the morning of **Ascension Day**, we attended a service in the Parish Church after which we were given the rest of the day off. That service for us youngsters always revived our vivid imaginations, as we listened to the Rector explaining the **Ascension of Jesus Christ** when, at the end of His earthly ministry, He was taken up into Heaven!

The disciples and friends He had made during His earthly life were sad to lose Him yet again. They had just **experienced His death and resurrection and were now saying goodbye once again**. The repeated appearances of Jesus after His death brought His followers such joy, they must have wanted the visits to continue indefinitely. However, that was not to be. On the 40th day after the resurrection, having given His disciples final instructions, **Jesus slowly ascended and a cloud hid Him from view**. He had previously told them in John 14 v 2-3, "**I go to prepare a place for you...I will come again, and receive you to Myself, that where I am, there ye may be also**". They had been warned that He would leave them, but even so, when the time came for Him to **ascend into Heaven** it still came as a shock to them. **It was the most unusual "going away party" ever**. There stood **Jesus in the midst of them**, and there stood His followers listening intently to His teaching as they had on so many occasions previously. **Jesus had the power to vanish instantly** as He had done previously, but this time **He chose to ascend visibly** to impress on His followers that this was the end of His visits. **His earthly, bodily presence would soon be replaced by something even better!** Jesus' ascension marked the beginning of a new era!

GOD'S SPIRIT LIVES INSIDE US AND ALSO WALKS BESIDE US

Why not join us in our Worship Service each Sunday at 3p.m. You will be most welcome.

F. A. RUTTERFORD

BARTON MILLS 100 CLUB

The purpose of the Barton Mills 100 Club is to raise funds by operation of lotteries and draws to contribute to projects and/or organisations within the parish of Barton Mills for the general benefit of the people of Barton Mills. **If you are a village organisation who would benefit from a 100 Club financial grant, please do speak to Jackie Stirges - jackstirges@btinternet.com**

April 2025

£30	77	C. Green
£20	87	S. Whitton
£10	37	C. May
£10	25	A. Palles-Clark

If you would like to become a member please contact our Treasurer: Janette Miller - 49 The Street. Tel 712843

IF YOU WANT TO WIN, YOU HAVE TO BE IN !!

Prizes of £30, £20, and 2 x £10 monthly and twice a year additional prizes of £150.



MILDENHALL & DISTRICT MUSEUM AND MUSEUM SOCIETY

The Museum is OPEN.

**Tuesday, Wednesday, Thursday, and Saturday 2 -4 pm;
Friday 10.30 - 4pm**

MILDENHALL MUSEUM SOCIETY



Upcoming Society Talks:-

Thursday 1st May 2025 - Imogen Radford - Tales from the Riverbank

Talks are held at the Museum 7.30 pm, refreshments available.

Members £2 non-members £4 Annual Membership £10

Mildenhall Museum is a registered charity and relies totally on your donations.

BARTON MILLS PARISH COUNCIL

ANNUAL PARISH MEETING

The Annual Parish Meeting will be held at 7pm on Tuesday 6th May in the Village Hall. The purpose of this meeting is to provide the parishioners an opportunity to discuss parish affairs and for village organisations to answer any questions. It is NOT a meeting of the Parish Council. The meeting will be followed by the Annual Parish Council Meeting.

Residents are invited to attend these meetings.

NEW ACTIVITIES AVAILABLE

We have an increased number of activities taking place on the playing fields, please keep your eyes open and contact the instructor direct if you are interested in attending.

The next Parish Council meetings will be **held on Tuesday 6th May and 3rd June, starting at 7:30pm** in the Village Hall. In the event of an extraordinary meeting being held before the next scheduled meeting, it will be published on the website and notice boards. The Public are welcome to attend Parish Council Meetings and will be offered the opportunity to speak at the relevant item. To raise an item at any meeting please contact the Clerk at least 7 days prior to the meeting date.

For any issues please contact:

Clerk: Naomi Alecock, clerk@bartonmills-pc.gov.uk

Website: www.bartonmills-pc.gov.uk Facebook and Nextdoor: Barton Mills Parish Council



ST MARY'S, BARTON MILLS, PRESERVATION CHARITABLE TRUST



Dear Everyone,

This is the last article that will come from the Preservation Trust, as the members who attended the General Meeting and AGM voted to accept the motion that the Charity would be wound up, in the light of the restrictions being put onto small charitable groups by the laws governing the Charity Commission, which came into effect soon after the Trust had decided to become a separate organisation from the PCC in 2019 and thus added greatly to the difficulties in running it.

The Preservation Trust committee remains in place to manage the handover of funds to the PCC and is committed to supporting the new group: The Friends of St Mary's Barton Mills, which will operate as the Trust used to do, under the financial umbrella, and Charitable Status, of the PCC.

We hope that villagers will still be keen to see the church maintained as a special building in the heart of Barton Mills and will support the Friends. There are Supporter Registration Forms available in the church porch through which you can ensure your details will be collected and information regarding the development of that group will then be shared with you.

We want to thank Alan Butcher and Colin Brotherton for the many years of consistent presence on the committee, and all the effort and energy they have given to fund-raising during that time. We must also thank Reverend Mark McCaghrey for his clear-sightedness as we have deliberated over how to do the best for future-proofing support for the church buildings, special artefacts, and graveyard. We do urge you to express your interest in joining the Friends of St Mary's and look forward to seeing you supporting the church at future events.

Best Wishes to you all, Liz Jarvis

All over 50s Welcome
BARTON MILLS WEDNESDAY CLUB

**Jenny Gibbs - returns to tell us all about Turkish
embroidery and handicrafts
Wednesday 7th May 2025. 2pm
in the Village Hall.
Refreshments afterwards**

**Trip on the River Cam - Booked
Wednesday 21st May 2025.**

**Entry £2 members £3 non members
Annual subscription £10 payable in January
Enquiries to Ann on 01638 510008 or
jacobs.family@me.com**

**Coffee Morning
Everyone Welcome**

Saturday 24th May

**10.00 to 12.00
in the Church Room**

**In aid of St Nicholas Hospice
And
MESERET
(a Homeless Women and Babies Charity
in Ethiopia)**



Barton Mills & District Gardening Club

MEMBER OF R.H.S.

Annual Subscription £15.00

£2.00 fee per meeting for members

New members and friends welcome as paying visitors

Tuesday 27th May 2025

Anne Luder

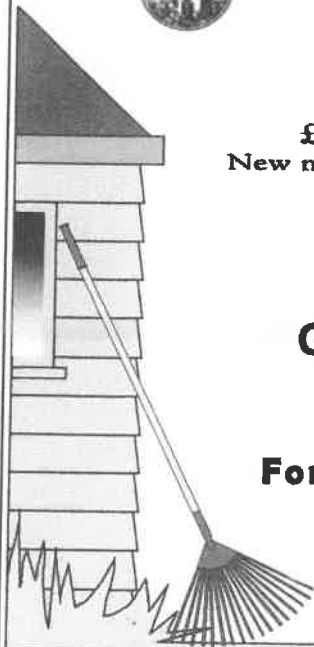
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For more information contact -

Secretary - Carol Garrod

07711 941872



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BARTON MILLS GOOD NEIGHBOURS

Why not Volunteer or become a Friend of the Scheme?

Phone us for details or e-mail us at

barton.neighbours@gmail.com

BARTON MILLS GROUPS NEWS

KNIT and NATTER GROUP

The Knit and Natter Group meets in the church room every Wednesday afternoon between 2pm and 4pm. It is a very friendly group with a range of knitting styles or no knitting at all - just nattering ... As well as our own knitting we knit and crochet blankets and little coats for the charity **Meseret** which helps single mothers and new born babies in Ethiopia.

New Knitters or just people coming for a Natter are always welcome.

We are holding a **FUND RAISING COFFEE MORNING** for this Ethiopian Charity, and the St Nicholas Hospice, on **Saturday 24th May** in the **church room** from **10am till 12noon**. Please come and support these two charities – and enjoy coffee and cake and good company!

Alison Swift 07982679926.

BOOK CLUB

For our April meeting we had read Agathe Christie's 'The Sittaford Mystery'. This book gives a great social history picture of life almost 100 years ago, as well as being an intriguing murder mystery.

Agatha Christie continues to be a popular author, and her books are good to read.

The book for our next meeting, at 7pm, in the church room, on Thursday 8th May, will be 'The Couple at No 9' by Claire Douglas.

If you like to read – maybe on a tablet or by listening to audio books – and then talk about what you think of the book, do come along to a meeting. We are just a small group and new members will be very welcome. Phone Frances, 01638 713155, for more information.



SOCIAL ART GROUP

The Barton Mills Art Group meets every Friday in the Church Room from 7pm to 9pm. We are a small group just trying our hand at drawing and painting using different media. It is a low-key and sociable evening. We do have a couple of vacancies at present and would welcome newcomers. If this would be of interest, or if you would just like more information, please ring Glenda Berrett 01638-717925.



Good Neighbour Scheme - *8 years since it was launched.*

The Barton Mills Good Neighbour Scheme launched in May 2017 following a year in planning and consultation.

Since then we have seen calls for assistance rise and fall at different times. Circumstances such as the COVID-19 outbreak and lockdowns saw increases in calls for shopping and prescriptions to be collected on behalf of people who were either shielding from that horrible virus or actually suffering with it. Other times we have helped people in many ways, from putting flat-pack furniture and garden items together to befriending and a whole host of different and sometimes unique requests in between.

Whilst the Scheme did not establish a transport service at the outset in view of a local community bus service available on a booking basis, nevertheless outside of the parameters of the Scheme, some volunteers have taken neighbours, friends and other villagers in need in their cars to hospital and other medical appointments making it easier for people with disabilities or frailties to reach hospital appointments in good time. Although this is not in itself a Barton Mills Good Neighbour Scheme service, these actions undertaken independently by some volunteers have helped to make life easier especially at times when living expenses impact upon the affordability of alternative means of transport to access such essential medical facilities.

Over the eight years we have seen a number of volunteers join and equally as people have either moved out of the village or their circumstances have changed we have lost some volunteers, But the team that we have today remain committed to helping our neighbours where we can make a difference. New volunteers are always most welcome and if this appeals to you please do contact us to discuss how you might help your village neighbours.

NATURE NOTES – MAY

As I write this piece I have just heard my first Cuckoo of the year. This harbinger of spring is eagerly awaited by those of us who take an interest in the natural world. There are many other signs of spring of course but I just love Cuckoos! This love goes back to my childhood. Having lived on farms as a child I was more aware than most of the delights of the countryside. My walk to school and back every day allowed me to get to know all the common birds and animals along the way. Wild flowers such as cowslips and primroses were common along the hedgerows and verges in those days.

My love of birds also developed from the age of ten when my sister's boyfriend informed me that the smallest British bird was the Goldcrest and not the Wren as I had thought. His impressive (and dubious) collection of birds' eggs was a source of wonderment, totally illegal and frowned upon today of course. Around this time a local birdwatcher and photographer visited our school. His pictures of familiar birds inspired me so that I wanted to learn more; I was hooked!

The farms upon which I lived were a mix of arable and livestock and operated generally without the use of too many pesticides. Alongside rivers were pastures for the cows and sheep. Mud was ever present, much to the annoyance of my mother who had to wash my clothes, so House martins and Swallows had a plentiful supply to build their nests.

The barns storing the grain had more holes than a colander so birds like Corn buntings, House sparrows and Tree sparrows could sneak in to find a little extra food. In winter, fields were generally left uncultivated and only ploughed and sown in springtime. This guaranteed a good reservoir of spilled grain from the less efficient combine harvesters so hungry birds and mammals could survive the colder months.

Health and safety was not such a major issue in those days too. Farm raised children rode around on tractors and trailers and, at the age of fourteen, I even helped out by driving the tractor and trailer to collect the grain from the combine harvester to deliver to the grain store. Despite this apparent high risk strategy we never had any

problems; we were not 'street wise', more 'farm wise'!

Moving on a few years things began to change rapidly; pesticide use became commonplace, livestock were sold off and the water meadows were drained and ploughed up to grow crops for which huge subsidies were available. Farmers began to plant crops in autumn rather than spring to get an earlier, more profitable, crop. After harvest the field margins and hedgerows were 'tidied up' using the newly invented flail cutter. Late nesting birds and mammals had no chance!

I hear you say "What has this got to do with nature?". Well, a good deal. When the agricultural colleges were teaching students that tidy farm is a good farm no-one considered the impact of their activities. Nature was the main loser in this drive for efficiency. Monocultures devoid of all wildlife do not support birds, insects and mammals in the way crops did in earlier times. I'm not knocking farmers of course – they have to earn a living like the rest of us in these challenging times. Things will never return to 'the old days' but we need to remember that all life on earth is part of one giant ecosystem; removal of one part of the equation affects all the other parts in one way or another. We cannot survive on this planet for too much longer unless we start taking nature into account.

I hope you enjoy the Spring; please get out into the countryside if you are able. You never know, you could become hooked on nature like me!

Ken Venus.



BARTON MILLS FOOTBALL CLUB



Barton Mills went into April with three final games in front of them. The first game against Thurston FC, which was to be played at Ram Meadow didn't go as planned as Barton Mills conceded a goal early and lost 2-1 at full time. Barton Mills then faced Stradbroke FC in their last league game, which would be a deciding game for the league title. Barton Mills came away victorious with a 5-1 victory, with goals from Olly Hollands, Ben Stucky, Kieran Hayden and Zak Morley.

Barton Mills are now champions of the Bury St Edmund's division 3 League (*congratulations: editors*) and now have their last game of the season on Sunday 27th April. This will be the County Cup final against Stradbroke FC, to be played at Needham Market, 11am kick off..



**Copy for the June edition of the
Barton Miller to the Editors
By
20th May please.**

IMPORTANT NOTICE FOR BARTON MILLER ADVERTISERS

As of the February 2025 edition of the Barton Miller, there will be
NEW advertising rates for commercial/business advertisers

NEW RATES PER ANNUM

FULL PAGE	£180
HALF PAGE	£90
QUARTER PAGE	£45
1/8th PAGE	£25

The rates for clubs/societies will remain unchanged as these have
recently increased.

Please note that adverts will not go to print until fees are paid.

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7/25

Barton Mills Ladies Club

Report of our April Meeting

Our Speaker today told us about the life story of an extraordinary woman called Maria Louisa Rame. She later added de la, her father being French, she thought it gave her more charisma. She was born in Bury St Edmunds and absolutely hated it. She started writing at an early age and adopted the pen name Ouida, which came from her early childhood, as she couldn't pronounce Louisa. She sold her books to travellers using the relatively new railway. Her books were considered unwholesome, which made them all the more enticing. Her father soon left when he had used all his wife's money. Maria Louisa moved to London to Kensington and then the Langham Hotel where she held soirees. She left the Langham without paying the bill and went to Italy, where she was evicted for not paying her bill there either. This seemed to be how she led her life. She spent a vast amount on flowers - hundreds of pounds a year. She saw herself as a heroine and dressed in that manner, wearing expensive clothes designed for her in pale colours and also black. She never married always hoping to make a romantic marriage, rather like a Barbara Cartland novel, but it never happened. She was no beauty and used strategies to attract a husband, which always failed.

She made a lot of money but she died penniless. There is now a statue in her honour in Bury near the Spreadingale.

At our next meeting on Tuesday, May 13th we will be Circle / Walking dancing in the Village Hall at 2.00 p.m.

Why not come along and join us.

Loft Insulation Offer gives Suffolk residents 50% off eco-friendly insulation

According to The Energy Saving Trust, an uninsulated home loses a quarter of its heat through its roof. For the second year in a row, help to afford eco-friendly loft insulation is now available for Suffolk residents.

The Suffolk Climate Change Partnership has teamed up with an insulation provider to help Suffolk residents make their homes warmer and save money on their energy bills.

Residents will receive a 50% discount off their purchase of 200mm or 370mm wide insulation rolls (up to £200) with free delivery, from High Loft, the UK's leading eco loft insulation brand.

The offer is open to anyone in Suffolk and will close once the allocated funding has been spent. Simply go to www.bit.ly/suffolkloft and fill in the form to receive your personalised link to order, or call High Loft's insulation experts on 01706 248203 (Mon – Fri, 9am - 5pm).

Or, to find out more visit www.greensuffolk.org/at-home/funding.

Connecting Communities

Rural Transport

This transport service is designed to make it easier for those in the Mildenhall and Brandon areas to travel.

**www.thevoluntarynetwork.org
transport@thevoluntarynetwork.org**

01638 - 664304

We support those who

- **Do not have access to a regular bus service**
- **Have difficulty using public transport**

What's on in Freckenham at the village hall

New website Freckenham Village Hall (freckenham-pc.gov.uk)

Monday Meet Up at the Village Hall 2 – 3.30pm. Free event but donation appreciated. Sometimes a carpet bowls mat or table tennis table is out for people to have a go. Not on Bank Holidays

First Friday of Month Film Night 2nd May – Quartet - Once-popular opera diva Jean Horton (Dame Maggie Smith) creates a stir with her arrival at Beecham House, a home for retired performers. No one feels the uproar more than Reginald (Tom Courtenay), Jean's ex-husband, who still stings from her long-ago infidelity. Most of the other Beecham residents are delighted, and try to convince Jean to join them in a performance of "Rigoletto." Jean, however, knows that she is long past her prime and is reluctant to sully the memory of her once-lovely voice. . Doors & Bar 7pm, film 7.30pm. Next film night 6th June film tbc

Coffee Caravan First Tuesday of the month 6th May East View Car Park, off Mildenhall Road 2 – 4pm. Cuppa chat and free advice,

Thursday 8th May we celebrate 80 years since VE Day at Dance Club Music and dancing of the era. 7.30 – 9.30pm free event.

Farmers Market with some Crafts 31st May 10 – 12 noon, free entry, refreshments available. TFM Meat, Plantation Farm Fruit & Veg, Pies, baking, honey, preserves, cards, jewellery, local artists, plants, and more! Next Market 28th June, then a break till Sept.

Table Top Sale Sat 14th June 11- 2pm Refreshments, Free entry. Pre-book a table for £5 contact Donna Setchell on: 07821 360214

We are looking to stream an Eastern Angles Show, interested? Let Jane know and keep looking out for more information.

Weekly events Body Strong, Yoga, Pilates, FitSteps, Circuits, Table Tennis and Dance Club, Tumblotots sessions for under 5's! Term Time Only. Contact Fran on 07979 757 202 or fran.badcock@tumblotots.com. <https://freckenham-pc.gov.uk/>. for more details and to book. events! Follow us on Facebook FreckenhamVH & Freckenham, Suffolk Community Group.

10/25



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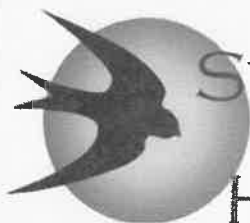
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SPECIAL NOTICE

If you are preparing any articles or advertisements for inclusion in the **BARTON MILLER** would you please submit, where possible, in **A5 format copy**. Please email the text (Word/Publisher.doc or pdf) and illustrations (JPEG) to

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To keep proportions correct, fold an A5 sheet of paper in half 3 times to achieve minimum size. Many thanks.

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DEFIBRILLATOR

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