



The BARTON Miller

October 2023

Harvest Festival
Sunday 8th Oct



Autumn Fayre
Saturday 28th Oct

Originating from & produced by St Mary's Church Barton Mills

October 2023

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Dear Readers,

Welcome to the October edition of the Barton Miller. In the following pages there is information about many of the interesting events that are happening in Barton Mills. Please note especially the Harvest Festival service in the church on Sunday, 8th October, at 9.30am. We do have much to be thankful for, and your gifts for the Mildenhall Food Bank will help many who are in need at this time.

You have probably noticed that the Playing Field is regularly used for football, for junior and senior teams, as well as for informal games. It is good to see that Barton Mills Football Club has re-formed, and is looking for members. The Parish Council cares for the field, and it always looks good – but, sadly, there is often litter left around. We are grateful to those volunteers who collect up the litter – but it would be even better if it was not left there in the first place!

We hope that you are enjoying 'Autumn'!

Yours sincerely,

Frances Lewis and Nancy Higgins.

Copy for November Miller by 20th October, please.

BURY ST EDMUNDS MOBILE LIBRARY VAN DATES (Route 4)

Email: help@suffolklibraries.co.uk Telephone: 01473 584563

The Library Van visits Barton Mills (Lamb Court) on Saturday aft. 2.00pm to 2.30pm .

This will be the following Saturdays - 14 October and 11th November.

Vicar's Letter

It is October once again and that means Harvest time. God is so generous in his provision of all we need and we have much to celebrate for his generosity to us. Sadly, although God has provided a harvest of plenty in the world, human greed and selfishness result in two problems. One is that war and conflict reduce production, as we are experiencing now in the Ukraine. The other is that this wealth is very unevenly distributed. The deaths from hunger we hear about most often are those caused by famine and wars but this actually accounts for only 10% of all hunger deaths. The majority are caused by chronic malnutrition with families facing such extreme poverty they are simply not able to get enough food to eat.

About 24,000 people die every day from hunger or hunger-related causes and three quarters of these deaths are children under the age of five. In total, twelve million children die every year - over half due to malnutrition. In the UK there has been a push to increase the quality of school dinners as it is now recognized that poor quality nutrition leads to a deterioration in children's health, a lowering of concentration in lessons and subsequent under-achievement. The UK is, by and large, a rich country but the Trussell Trust reported that the number of people using foodbanks rose from 26,000 in 2008/09 to approximately 2.99 million people in 2022/23.

It doesn't have to be like this. The world produces around 300 kilogrammes of grain per person per year, enough to feed everyone if the food were shared equally and used efficiently. The major problem is having the right food, in the right place, at the right time - all the time. This means eradicating two evils. The first is the extreme scarcity of food some people in our world have to endure. The second is the extreme poverty so many people live in. Individual programmes can mitigate the effects of poverty. However, we also need people to speak up for and with those who are marginalised so that the policies which cause poverty to flourish can be changed and the underlying causes addressed.

Gordon Anderson



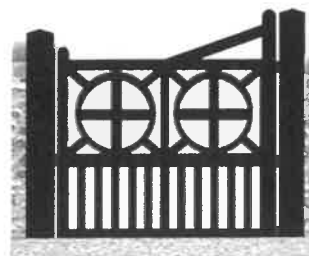
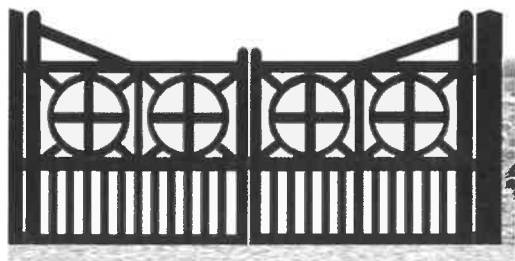
NEW CHURCH GATES A CORONATION YEAR PROJECT

As a Coronation Year project we hope to put new gates at the front of the churchyard, opening onto the road. As you can see, the present gates are falling to pieces, and it will be good to have new gates there. The Church P.C.C. have chosen an iroko hard wood design, which, it is hoped, everyone will agree will look good and be suitable. It will be similar to the sketch shown here, but some details may be different.

There is now a public appeal for contributions to a fund to supply these gates, which will be made to order for us, and all contributions will be very welcome.

If you would like to donate to this appeal, please talk to our Church Treasurer, Tony Potts (01638 583963). Cheques should be made out to 'P.C.C. of Barton Mills', and taken to Tony Potts at 3, Chestnut Close, Barton Mills, IP28 6AF. BACS details are available in church or from Tony. Please mark any donations 'church gates'.

N.B. For the Coronation of Queen Elizabeth II, in 1953, the new north door was put in place, so it seems fitting that we should mark the Coronation of Charles II in a similar way.



CHURCH SERVICES, OCTOBER 2023

Sunday 1st October 9.30am Holy Communion

Sunday 8th October 9.30am Morning Worship **HARVEST FESTIVAL**
Family Service. A service of thanksgiving, with gifts of money and
non-perishable food for the Mildenhall Food Bank. All welcome
5pm Service of Prayer for Healing

Sunday 15th October 9.30am. Holy Communion

Sunday 22nd October 9.30am Morning Worship

Sunday 29th October 11.00am Group Service at Worlington, to celebrate
All Saints Day.

Sunday 6th November 9.30am Holy Communion.

All are welcome to join us at these Services

HARVEST FESTIVAL GIFTS for the MILDENHALL FOOD BANK

Although we no longer bring sheaves of corn to church, and, for many of us, most of our food comes from supermarkets, we still want to give thanks for what we have, and, for most of us, that we do have sufficient to make life comfortable. But there are those who are finding it difficult to manage, so please bring gifts of non-perishable food, e.g. tinned food or food in packets, and basic toiletry items, for the Mildenhall Food Bank, to Barton Mills church for the service at 9.30am on Sunday 8th October. Or, if you cannot come on Sunday, please put them in the church on the Friday or Saturday. Thank you.

The service on Sunday will be a Family Service, so all ages will be very welcome. Money donations on that Sunday will also go to the Food Bank

St Mary's Church Barton Mills.

Church Contact: Rev'd Chris Childs (Rural Dean)

All Saints Vicarage, The Street, Gazeley CB8 8RB

Tel. No. 01638 429212

Email: revcchilds@aol.com

Your Church Representatives:

Churchwardens: Dave Traher, 25 Church Lane Close, Barton Mills. Tel 718328;

Elders: Glynn East and Dave Traher.

St Mary's Parochial Church Council

Elected Members

Secretary: Diana Knight, 57 The Street, Barton Mills, IP28 6AA.

Tel 454898 To whom all correspondence should be addressed.

Treasurer: Tony Potts.

Deanery Synod Representatives: Rodney Knight and Peter Alder

Other PCC Members : Alan Butcher, Linda Jenkins, Frances Lewis, Jo Traher and Sandra Woollard.

Prayer Chain - There is access to a prayer chain for anyone needing prayers for themselves or others. Please contact the church Elders mentioned above



COFFEE MORNINGS

EVERY THURSDAY 10.00 TO NOON IN
THE CHURCH ROOM



ALL VERY WELCOME



Barton Mills AUTUMN FAIR

Saturday, 28th October

St Mary's Church

1—5 pm

free entry

*come and browse,
meet your friends.*

The stalls are being run to benefit various charities, including this church, or to help small local businesses. We hope you will enjoy browsing and buying and that you will also enjoy a sociable afternoon where you can meet up with friends, and perhaps have a cup of tea (or coffee) at the refreshment stall.

The stalls will offer a variety of gifts, cards, and crafts – many of these will be looking forward to Christmas - and will include return visits from some of the people who have been to our previous Autumn and Christmas Fairs.

For more information, please contact Frances Lewis on 01638 713155,
frances_lewis11@hotmail.com



BARTON MILLS BAPTIST CHURCH



During the period **September 8 – 28 October 2023, France will host the Rugby World Cup.** I can imagine many homes, even here, are resounding with the sounds of cheers or groans by those spectators enjoying that fast growing sport. **The 20 teams in this year’s competition are dedicated, devoted and passionate about the game which they play. Each one has a dream that on the 28th October they will be the ones to receive the much coveted Trophy. When the final whistle blows in the Stade de France on 28 October there will only be one winning team. All the planning and perseverance will have paid off and there will be great euphoria displayed by the victorious team. Some of the teams include many famous names who earn large amounts of money per game and find life easy, while others are considered the outsiders and have struggled to pay their way to the finals. However, all of them are anxious to do well for their country and will be striving to be the “best in the world”.**

We as Christians should strive for excellence in the work assigned to us. Paul’s words in Colossians 3 v 23 - 24 were addressed to servants but they can apply to us all, including rugby teams. He said **“Whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ.”** When we have this awareness and are **motivated** to please the Master, we will want to **excel in our work. And this will bring honour and glory to God.**

Let us do all our work “as to the Lord” and those of us who do enjoy rugby hope that our team will do their best to win the World Cup. May it always be said of us that we have done our best.

Our service remains at 3p.m. Why not join us you will be most welcome.

F. A. RUTTERFORD

BARTON MILLS PARISH COUNCIL

PARKING ON THE STREET

Barton Mills Parish Council would like to request that people who park on The Street, are considerate of residents and that they do not park opposite driveways, as this is making it extremely difficult for those pulling out of the driveways to see, which is very dangerous. There have been a number of 'near misses' because of people parking opposite driveways.

FIVE GUYS/OLD MILL LANE

The disabled access footpath from Old Mill Lane to the path along the river, is NOT a Public Right of Way, this footpath goes through the land that Five Guys are using for their car park and drive through. The Parish Council, along with residents asked Five Guys if they would consider installing a new footpath to help those who cannot use the steps, access the river footpath.

Five Guys listened, took on board the comments made and have now confirmed that access to the footpath can be made via a new footpath which starts at Old Mill Lane, through Five Guys car park which then leads to the existing footpath along the river.

Please note that Old Mill Lane is not an appropriate place to park when visiting Five Guys or any parking for long periods of stay.

The next Parish Council meetings will be held on **Tuesday 3rd October and Tuesday 7th November at 7:30pm** in the Village Hall. In the event of an extraordinary meeting being held before the next scheduled meeting, it will be published on the website and on the notice boards. The Public are welcome to attend Parish Council Meetings and will be offered the opportunity to speak at the beginning of the meeting or during the meeting at the Chairman's discretion. To raise an item at any meeting please contact the Clerk at least 7 days prior to the meeting date.

Chairman: Neil Horne, 07590 672963

Clerk: Jadi Coe, clerk@bartonmills.net / 07724 737841

Website: www.bartonmills.net **Facebook and Nextdoor:** Barton Mills Parish Council

All over 50s Welcome

BARTON MILLS WEDNESDAY CLUB

Our next meeting will be on Wednesday 4th October

In the village hall at 2.00pm. Stephen Wilkes will present an educational talk on protecting your estate – Wills and Lasting Power of Attorney.

Wednesday 18th October in the village hall at 2.00pm. Amanda Sutherland will present her third talk entitled Make Do and Mend. She will be selling some of her items.

We look forward to seeing you all and welcoming new members.

Entry £3 non-members/ £2 members

Enquiries to Ann on 01638 510008 or jacobs.family@me.com



*Barton Mills & District
Gardening Club*

MEMBER OF R.H.S.

Annual Subscription £15.00

£2.00 fee per meeting for members

New members and friends welcome as paying visitors

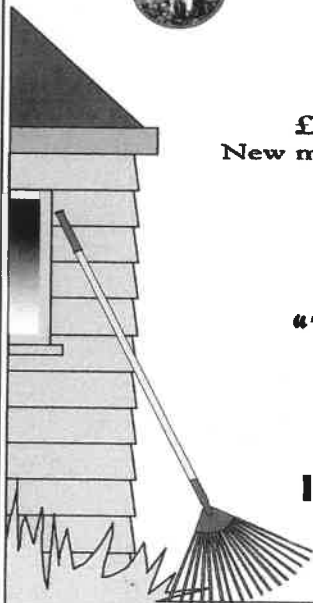
Tuesday 24th October

Jenny Gibbs

“Turkish Flora and Fauna”

For more information

Ian Anderson. Tel 515741.



BARTON MILLS 100 CLUB

The purpose of the Barton Mills 100 Club is to raise funds by operation of lotteries and draws to contribute to projects and/or organisations within the parish of Barton Mills for the general benefit of the people of Barton Mills.

100 CLUB WINNERS -

Aug

£30 18 S. Spurling
£20 114 H. Coomber
£10 86 S. Witton
£10 76 J. Titcombe

100 CLUB WINNERS -

Sept

£30 170 P. Bonus
£20 189 B. Klatt
£10 55 D. Bliss
£10 87 S. Witton

If you would like to become a member please contact our Treasurer: Janette Miller - 49 The Street. Tel 712843

IF YOU WANT TO WIN, YOU HAVE TO BE IN !!

Prizes of £30, £20, and 2 x £10 monthly and twice a year additional prizes of £150.



MILDENHALL & DISTRICT MUSEUM AND MUSEUM SOCIETY

MILDENHALL MUSEUM is open on Tuesdays, Wednesdays, Thursdays, and Saturdays from 2 to 4.30pm and on Fridays from 10.30am to – 4.30pm. Admission is free.

MILDENHALL MUSEUM SOCIETY.

Thursday 5th October. 7.30 pm.

The next talk is by Tim Holt Wilson and is entitled

“Beneath our Feet.” It is about the geology beneath our feet.

Barton Mills Ladies Club

September 2023

Our Speaker, Mervyn Linford entitled his talk 'East Anglian Miscellany' He started by telling us that he was not from East Anglia. He was born in Hampshire and brought up in the East End of London. Later a move to Basildon and then several moves within Suffolk and Norfolk now settled, for the time being, in Lavenham.

He read several of his poems, clearly showing his love of nature and the world around him from early boyhood. Before each poem he gave us an explanation and background of each. His first poem was 'Teasel' and how it was an important tool used in the preparation of wool in East Anglia. He said that these days machines are used but for the finest quality a teasel is still used.

He was a keen bird watcher and read a couple of poems that he had written about the birds he had seen. He told us of his early days growing up in the East End of London and one poem he had written was of his grandmother who he called 'kangaroo' because like all the women at that time wore an apron with a large pocket at the front, reminiscent of the pouch of the animal, which held untold mysteries like sweets, coins, bits of string etc. etc.

His poems were easy to listen to and he had a good sense of humour which made it a very relaxing afternoon.

Our next meeting is on **Tuesday, 10th October at 2 p.m.** in the Village Hall at Barton Mills and the talk is from Bury St. Edmunds Women's Aid telling us of their work

Barton Mills Wednesday Club

A very big thank you to all who
contributed and attended the recent
fundraising event for the
Drop in Centre for the
homeless in Bury St Edmunds.

You raised the magnificent sum of £162!
Well done to you all.



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Form Filling, Technical Help (Computers, Phones, TVs, etc.),
Emergency Meals or just a Chat**

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BARTON MILLS GOOD NEIGHBOURS

Why not Volunteer or become a Friend of the Scheme?

Phone us for details or e-mail us at

barton.neighbours@gmail.com



**ST MARY'S, BARTON MILLS,
PRESERVATION CHARITABLE TRUST**



Dear Everyone,

I'm looking forward to seeing many of you at our Autumn Quiz Night and Fish & Chip Supper. We are already all booked up, but I do have a request...

The Handy Plaice team are (quite justifiably) taking a holiday which happens to clash with our date. If you remember the Jubilee Quiz, we (Keith, to give him credit) sourced the supper from Rumbles Fish Bar, which went down extremely well, and I am doing the same this time.

However, ... this means I have to pay up front on collection, so I'd be grateful if as many as possible of you could also pay before the night, rather than on the door.

I would also like to forewarn of another change in terms of our calendar, as I am aware that some of you are already thinking ahead to November. We will NOT be holding the AGM in November this year. This was a change from routine that was prompted by Covid restrictions in 2020.

We have found that this has not helped to keep our finance reports aligned with those required by law for the Financial Year, and also November nights are pretty cold and dark!

We are returning to a Spring date for the AGM, which will be Thursday 7th March 2024, and will combine with a talk from Sir Mark Prescott about life in the Training and Racing of horses,

Warm Wishes to you all, Liz Jarvis, Secretary



Good Neighbour Scheme –

We are ever ready to help
when needed

The Summer holidays are behind us, children are back at school and normal work and leisure activities resumed. However minds start to turn to the next half of the year with the prospect of late autumn weather, winter challenges and the start of Spring 2024. For many it will be a challenging time with the rises that we have seen in the cost of living, especially around food, housing-associated expenses and fuel (home and travel). For some it will be a period when families may be able to visit less often, leading to feelings of isolation and loneliness.

The Good Neighbour Scheme can provide support to those in our community who are feeling isolated through our volunteers calling in for a chat on a regular basis. We are also able to put villagers in touch with other appropriate support organisations in cases where we are not equipped to provide specialist help. This is done through our links with a County-wide support network. We can also help with collecting shopping and prescriptions – see the full list of our services on offer in our advertisement in this edition of the Barton Miller.

We in the Good Neighbour Scheme will be making our preparations for our annual Christmas Coffee Morning, which this year will be a little earlier in view of prior bookings at the Village Hall. We hope that you will come along for free teas, coffees and cakes on Saturday 25th November from 10.00am until 12.00 noon. We will remind you in the November edition of the Barton Miller as this is a splendid opportunity for villagers to meet up and socialise. For those who might have difficulty getting to the Village Hall we can arrange to collect you by car and take you home afterwards.

I would like to remind readers that our services, which are free of any charge, are designed to support villagers across the entire Parish of Barton Mills. Please remember that you can contact us on 07419 211040 or e-mail us at barton.neighbours@gmail.com to see if we can help you with your particular needs.

NATURE NOTES The aliens have landed!

No, we are not talking about little green men and women from outer space but non-native species from other parts of the World. Which of the following are aliens and which are native? Asian hornet, Black swan, Box tree moth, Budgerigar, Butterfly bush, Canada goose, Chinese water deer, Common pheasant, Coypu, Edible dormouse, Egyptian goose, European pond terrapin, Fallow deer, Giant hogweed, Golden pheasant, Grey squirrel, Himalayan balsam, Japanese knotweed, Little owl, Mandarin duck, Marsh frog, Mink, Mitten crab, Monk parakeet, Muntjac, New Zealand pygmy weed, Oregon grape, Rabbit, Rainbow trout, Red-legged partridge, Reeve's pheasant, Rhododendron, Ring-necked parakeet, Ruddy duck, Russian vine, Sika deer, Signal crayfish, Spanish bluebell, Topmouth gudgeon and Water primrose? The answer, of course, is that they are all aliens.

Some introductions are so familiar to us we may believe they are native; the Little owl for example is a Victorian introduction that filled a vacant niche not important to any other owl or bird of prey. As it feeds mainly on worms and insects it is not in competition with other species. The Fallow deer was brought here by the Normans around 1100AD. Rabbits were brought by the Romans. The Rainbow trout is a North American species originally bred in fish farms for nearly 100 years but now found in our rivers.

Most of our familiar garden plants are outsiders. The Victorians were great plant-hunters who brought some fantastic plants home with them. Other plants arrived as the result of travel and trade. Roses and crocuses both originate from central Asia while crocuses came from central and

southern Europe and beyond. However, some very bad decisions were made by plant hunters too! Due to their invasive nature Himalayan balsam and Japanese knotweed are wreaking havoc in our countryside.

Useful herbs like Garden mint, Garden thyme, Marjoram, Parsley, Rosemary and Sage are all mainly from the Mediterranean region, probably brought here by the Romans. Garlic's arrival from central Asia can be attributed to the Crusaders. Surprisingly, Rhubarb is a native of Russia and Western China but was smuggled into Scotland from Moscow in the 1700s by a Doctor James Mounsey who had ties with the Russian court.

So not all alien species are good and not all aliens are bad but how do you feel about reintroductions? Birds like Common cranes, Ospreys and White-tailed eagles are now re-colonising their former habitats with a little help from us. They would have been widespread centuries ago before being persecuted into near extinction. But how do you feel about bringing back some species that were here even further back like Beavers, Wolves, Wild-boar, Lynx or Bison? It may not be feasible or even desirable as our countryside has changed so much in the intervening years since these species were first here. Wild-boar already has a self-sustaining population in the West Country; Beavers may be close behind. As for the rest, I'll leave it for you to decide!

Ken Venus.



BUS SERVICES SERVING BARTON MILLS (updated 4 Sept 2023)

The village is only served by school related bus services nowadays although these are available to the general public. It is always advisable to check school/college opening days/dates. Also, check exact service details with the relevant bus and coach operator before planning a journey. Telephone numbers are shown below.

Times	Destinations and other information
<i>Mornings</i>	
0753	Barton Mills (Church), (The Street), (Bull Inn) to Bury St Edmunds (Bus Station) (0850) <i>(Mulleys schooldays only service 955 which starts at West Row (0730) then travels via Mildenhall (Bus Station) (0745), Barton Mills (0753), Icklingham, Lackford, Flenpton, Hengrave, Forrham All Saints and the various Bury schools and West Suffolk College)</i>
0821	Barton Mills (Bull Inn), (The Street), (Church) to Mildenhall (Bus Station (0831) and Mildenhall College Academy/The Hub (0835)). <i>(Mulleys schooldays only service 357 which starts at Cavenham (0755) travelling via Tuddenham (0758), Herringswell (0804), Red Lodge (The Birches and Hundred Acre Way) and Barton Mills (0821)</i>
<i>Afternoons</i>	
1535	From Bury St Edmunds (Bus Station, Stand 3) to Barton Mills (1630) and onwards to Mildenhall (1637), West Row, Beck Row, Holywell Row and Lakenheath. <i>(Mulleys schooldays only service 955 picking up at the various Bury schools and West Suffolk College after leaving the Bus Station)</i>
1540	From Mildenhall College Academy/The Hub (1540) and Mildenhall Bus Station (1544) to Barton Mills (1550). <i>(Mulleys schooldays only service 357 from Mildenhall to Newmarket via Barton Mills, Red Lodge, Herringswell, Tuddenham and Cavenham</i>

Suffolk County Council 'Connecting Communities' - Suffolk County Council and The Voluntary Network offer the 'Connecting Communities' dial-a-ride mini-bus service. They might be able to arrange transport within the Forest Heath area where no regular bus service links exist. For further information the contact telephone number is 01638 664304. Booking hours: Mon to Fri 0800-1600. Service hours: Mon to Sat 0700-1900. Website: <https://communities.suffolkonboard.com/about/>

Other bus and coach services available from Mildenhall (The following buses run Mondays to Saturdays even during school holidays but do not run on Public Holidays National Express runs every day) Suffolk County Council no longer produce printed leaflets but times may be seen on their website:

Service number	Bus company/ phone number	Main places served
16	Stephensons 01440 704583	Bury St. Edmunds-The Fornhams-Flempton-Lackford-Icklingham-Mildenhall*-Red Lodge-Kennett-Studlands Park -Newmarket with buses then continuing to Bottisham and Cambridge (as service 12) <i>(*In Mildenhall most trips run from the Bus Station to The Hub and back to the Bus Station giving two buses per hour each way)</i>
355	Mulleys 01284 702830	Holywell Row-Beck Row-Mildenhall-Icklingham-Lackford-Flempton-The Fornhams-Bury St Edmunds
357	Mulleys 01284 702830	Mildenhall-Worlington-Freckenham-Red Lodge-Herringswell-Tuddenham-Cavenham-Risby-Bury St Edmunds
358	Mulleys 01284 702830	Mildenhall-College Heath Road-The Hub-West Row-The Hub-College Heath Road-Mildenhall
200/201	Coach Services 01842 821509	Mildenhall-College Heath Road-Holywell Row-Lakenheath-Brandon <i>(Certain trips via West Row, Beck Row and to/from Thetford early morning/late afternoon)</i>
727/728	National Express 0871 781 8181	Great Yarmouth-UEA-Norwich-Thetford-Mildenhall-Newmarket-Cambridge-Trumington Park & Ride-Stansted Airport-Heathrow Airport (Daily service)
		DS – 4 September 2023

Autumn Word Search



T H C H I L L Y K S Q M L P T
R Y P I N E C O N E D T E H Q
E P M T T Q P R H A E M A N R
E Y U N Y P I A F S E D V Z F
S Z L M T R F U Z O W R E A P
U V W D P A A T R N E E S J J
R Q J E J K E U P E T D B B K
O S O I X E I M Z U E D T S C
I R H W B N Y N I M Z S T W N
H Y A I F H B S X O E Z O G A
W Q U N D J R W J V G L U A B
K Q H D G O K P R H L A O Y R
P V L L E E C A M E D K F C O
H P M F Y Z H Z Y T A B Z I W
K A J F O O T B A L L J I N N



AUTUMN FOOTBALL ORANGE RAKE TREES
BROWN HARVEST PINE CONE REAP WIND
CHILLY LEAVES PUMPKIN SEASONN YELLOW

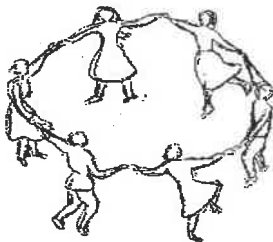
CHRISTMAS SHOE BOXES for NEEDY CHILDREN

The Samaritan's Purse Organisation send shoe boxes, packed with gifts, to needy children in many parts of the world. They ask for boxes to be filled by many people, and, locally, they are collected in Freckenham. There is a collection service in Freckenham church on Sunday, 5th November, at 3pm.

If you would like more information about the shoeboxes, please take a leaflet from Barton Mills church porch, or church room. Filled boxes can be brought to Barton Mills church on Saturday and Sunday, 28th and 29th October, and they will then be taken on to Freckenham.



Come and try Circle Dancing free in Mildenhall



I've never heard of circle dancing.

Dancing in a circle is an ancient tradition common to many cultures for marking special occasions, strengthening community and encouraging togetherness.

Modern circle dance draws on the rich and diverse traditional dances of many countries, including the Balkans, Greece, Israel, Russia, and France. There is also a growing repertoire of new dances to classical music and contemporary songs.

Circle dances can be energetic and lively or gentle and reflective, but the aim is always to enjoy dancing with others and to create a sense of well-being and community through enjoyable gentle (mostly!) exercise to lovely world music.

Can I do it?

Yes! Mostly straightforward walking steps (with occasional challenge!). Each dance is taught, there is no audience and everyone is welcome. So come on your own or with a friend (you do not need a partner) and give it a try!

Where? When?

St John's Community Centre, St John's Close, Mildenhall IP28 7NX.
Free taster sessions on Tuesday 10 October, from 3-4pm and 7-8pm.

Then on 2nd and 4th Tuesday of each month, either afternoon or evening, depending on demand.

Thereafter £6/session, pay each time you come.

I'd like to know more..... information from Jen Larnar:

07896 495574

jenlarnar@gmail.com

www.jenlarnar.com

12/23



BARTON MILLS FOOTBALL CLUB

October Fixtures

Sunday 1st October, 10.30am, v Coldham FC : AWAY

Sunday 8th October, 10.30am, v Thurston FC: at HOME

RESULTS:

3rd September, lost 4-2 to Stowmarket United

17th September, won 2-0 against Stanton

3

ALARMS...
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EBONY and GOLD

Clarinet and Saxophone Quartet

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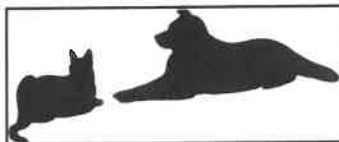
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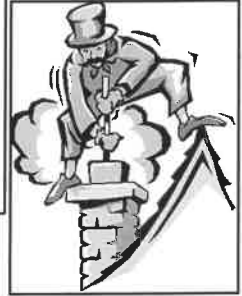
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If you are preparing any articles or advertisements for inclusion in the **BARTON MILLER** would you please submit, where possible, in **A5 format copy**. Please email the text (Word/Publisher.doc or pdf) and illustrations (JPEG) to

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To keep proportions correct, fold an A5 sheet of paper in half 3 times to achieve minimum size. Many thanks.

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The Parish council are keen to hear your ideas about how we can improve our village.

We have a number of projects we wish to consider in the year ahead. Some projects concern improving services like bin collection etc. All very mundane! But some will need your involvement.

As you know we have run a couple of surveys this year to get a better idea of how you feel about certain issues. We will continue to get your opinions about any issue that require more community involvement. The results of any survey we may run does not guarantee that project will be completed but it may help us decide what can and cannot be done.

We would still welcome ideas from you, the community.

Please send any suggestions to:
clerk@bartonmills.net

or attend a Parish Council meeting on the first Tuesday of every month. See inside for details.

